

Selendang merah (Red scarves)

COPPER KNOB
BY STEPHEN METZ

拍數: 80
編舞者: Tjwan Oei (NL) - March 2013
音樂: Selendang Merah - Rani

牆數: 2

級數: Novice / Intermediate



S01: Jazz box with a cross – Side rock – Recover – Right chasse

1-2-3-4 Rf. cross over Lf. – Lf. step back – Rf. step to right – Lf. cross over Rf.
5-6-7&8 Rf. rock to right – Weight onto Lf. – Rf. step to right side – Lf. step together – Rf. step to right side

S02: Cross forward – Recover – Chasse with ¼ turn left – Jazz box with ¼ turn right

1-2-3&4 Lf. cross over Rf. – Recover weight onto Rf. – Lf. step ¼ turn left – Rf. step together – Lf. step to left side [09.00]
5-6-7-8 Rf. cross over Lf. – Lf. step back – Rf. step ¼ turn right – Lf. step next Rf. [12.00]

S03: Right step fwd. – Lock – Step – Lock – Step – Left step fwd. – Lock – Step – Lock – Step (Diagonally)

1-2-3&4 Rf. step to right forward – Lf. lock behind Rf. – Rf. step forward – Lf. lock behind Rf. – Rf. step forward
5-6-7&8 Lf. step to left forward – Rf. lock behind Lf. – Lf. step forward – Rf. lock behind Lf. – Lf. step forward

S04: Rock forward – Recover – Triple ½ turn right – Triple full turn right – Rock back – Recover

1-2-3&4 Rf. rock fwd. – Recover – Rf. step ¼ turn right – Lf. step ¼ turn right – Rf. step next Lf. [06.00]
5&6-7-8 Lf. step ¼ turn right Rf. step ½ turn right – Lf. step ¼ turn right – Rf. rock back – Recover weight onto Lf. [06.00]

S05: Vine to the right – Touch – Rolling vine to the left – Touch

1-2-3-4 Rf. step to the right side – Lf. step behind Rf. – Rf. step to the right side – Lf. touch next Rf.
5-6-7-8 Lf. step ¼ turn left – Rf. step ½ turn left – Lf. step ¼ turn left – Rf. touch next Lf.

S06: Rock forward – Recover – Right chasse – Rock forward – Recover – Left chasse with ¼ turn left

1-23&4 Rf. rock forward – Recover weight onto Lf. – Rf. step to the right side – Lf. step together – Rf. step to the right side
5-6-7&8 Lf. rock forward – Recover weight onto Rf. – Lf. step ¼ turn left – Rf. step together – Lf. step to the left side [03.00]

S07: Cross over – Step back – Back – Cross over – Rock back Recover – Walk forward (R – L)

1-2-3-4 Rf. cross over Lf. – Lf. step back – Rf. step back – Lf. cross over Rf.
5-6-7-8 Rf. rock back – Recover weight onto Lf. – Rf. step forward – Lf. step forward

S08: Weave to the right – Sweep (front to back) – Step forward with ¼ turn left – Walk forward (R – L)

1-2-3-4 Rf. step to the right side – Lf. cross over Rf. – Rf. step to the right side – Lf. step behind Rf.
5-6-7-8 Rf. sweep and step behind Lf. – Lf. step ¼ turn left forward – Rf. step forward – Lf. step forward [12.00]

S09: Right side rock– Rec.– Step behind – Side – Cross (Syncopated step)– Side rock – Rec.- Cross chasse

1-2-3&4 Rf. step to right side – Recover weight onto Lf. – Rf. step behind Lf. – Lf. step to the left side – Rf. cross over Lf.
5-6-7&8 Lf. rock to the left – Recover weight onto Rf. – Lf. cross over Rf. – Rf. step to the right – Lf. cross over Rf.

S10: Touch behind – Pivot ½ turn right – Shuffle fwd.– Rock fwd. – Rec.– Side step with hips sway (R- L)

1-2-3&4 Rf. touch behind Lf. – Rf./Lf. ½ turn right – Lf. step forward – Rf. step together – Lf. step forward [06.00]
5-6-7-8 Rf. rock forward – Recover weight onto Lf. – Rf. step to the right side with hips sway (R – L)

TAG: Four count hips sway from back to front (R – L – R – L)

End: Repeat section 07 – 08 – 09 – 10 ...till the music end ... and then turn left to twelve o'clock (12.00)

Have funHappy dancing.....

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