

Believe It

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Maria Maag (DK) - March 2013
音樂: Believe It - Cimorelli



Intro: 32 counts intro from first beat

[1 – 8] Cross R over L, ¼ R back L, shuffle ½ R, step ¼ R, weave R

1-2 Cross R over L (1), turn ¼ R stepping back L (2) 03:00
3&4 Turn ¼ R stepping R to side (3), step L next to R (&), turn ¼ R stepping fw. R (4) 09:00
5-6 Step fw. L (5), turn ¼ R stepping down R (6) 12:00
7&8 Cross L over R (7), step R to side (&), cross L behind R (8) 12:00

[9 – 16] ¼ R step fw. R, place L fw, swivel both heels ½ turn R and Hitch R, step fw. R, ½ turn R, ½ turn R, step Lock L

1-2 Turn ¼ R stepping fw. R (1), place L foot fw. (2) 03:00
3&4 Swivel both heels L and turn ¼ R (3), swivel both heels R (&), swivel both heels L and turn ¼ R and hitch R, weight ends on L (4) 09:00
5-6 Step fw. R (5), make a ½ turn R stepping back L (6) 03:00
7&8 Make a ½ turn R stepping fw. R (7), step fw. L (&), lock R behind L (8) 09:00

Restart : wall 3

[17 – 24] Step back diagonally R sweep L step back L, coaster step R, rock fw. L recover, shuffle ½ turn L

1-2 Step back R diagonally R and sweep L (1), step back L (2) 07:30
3&4 Step back R (3), step L next to R (&), step fw. R (4) 07:30
5-6 Rock fw. L (5), recover R (6) 07:30
7&8 Turn ¼ L stepping L to side (7), step R next to L (&), turn ¼ L stepping fw. L (8) 01:30

[25 – 32] ½ turn L stepping back R and sweep L, step back L, side rock cross R, ¼ R, ¼ R, cross samba step

1-2 Make a ½ turn L stepping down R and sweep L (1), step back L (2) 07:30
3&4 Rock R to R (3), recover L (&), cross R over L squaring up to 9 o'clock (4) 09:00
5-6 Turn ¼ R stepping back L (5), turn ¼ R stepping R to side (6) 03:00
7&8 Cross L over R (7), rock R to R side (&), recover L (8) 03:00

Have fun and enjoy...:-)

1 Easy Restart : Wall 3, after 16 counts.

**Leave the & count out, and just step diagonally fw. L on count 16 (facing 3 o'clock)
(Then you're ready to Restart dance with a cross R over L)**

Ending : Wall 12, after 15 counts.

Step fw. L and take your arms fw. and then out with palms facing up (Believe it)

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