

The Only Way

拍數: 32 牆數: 4 級數: Newcomer / Novice - WCS
編舞者: Tanja Frei (DE) - February 2013
音樂: The Only Way I Know (with Luke Bryan & Eric Church) - Jason Aldean



Start after 32 Counts of music

[1-8] Walk, Walk, Anchor Step, ½ Turn left, ½ Turn left, Coaster Step

1,2 Step right forward, step left forward
3&4 RF step close back to LF, LF step in place, RF step in place
4,5 ½ turn left & LF step forward, ½ turn left & RF step back
7&8 LF step back, RF close to LF, LF step forward

[9-16] Kick ball point, Sailor step, Walk, Walk, Step, ½ Turn, Step

1&2 RF kick forward, RF close to LF, LF point to the left side
3&4 LF cross behind RF, RF step right side, LF step left side
5,6 Step right forward, step left forward
7&8 RF step forward, ½ turn left, RF step forward

[17-24] Kick ball point, Sailor step, Cross behind, ½ turn left, out, out

1&2 LF kick forward, LF close to LF, RF point to the left side
3&4 RF cross behind LF, LF step left side, RF step right side
5,6 LF cross behind RF, ½ turn left
7,8 step slightly right, step slightly left

[25-32] Swivel, Hitch, Back rock, ¼ turn left, ½ turn left, Kick ball step

1&2 swivel both toes inside, Swivel both heels inside, Swivel both toes inside
&3,4 hitch RF, RF step back, recover
5,6 ¼ turn left & RF step right side, ½ turn left & LF step left side
7&8 RF kick forward, RF close to LF, LF step slightly forward

And again

Tag after Wall2: Vaudeville Steps 2x

1&2 right toe touch forward, RF step back, LF cross in front of RF
&3&4 RF step side right, left toe touch forward, LF step back, RF cross in front of LF
5&6 left toe touch forward, LF step back, RF cross in front of LF
&7&8 LF step side left, right toe touch forward, RF step back, LF cross in front of RF