

Message of Love

COPPER **NOB**
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Intermediate Cha Cha
編舞者: Anna Bax (INA) & Roosamekto Mamek (INA) - March 2013
音樂: Pesan Cinta - Afgan



Intro: 32 count

SIDE STEP, CROSS OVER, SIDE TOUCH, WEAVE, SWEEP, CROSS OVER, RECOVER, SIDE CHASSE

&1-2 Step R to side – Cross L over R – Touch R to side and bend L knee
3&4 Cross R behind L – Step L to side – Cross R over L
&5-6 Sweep L from back to front – Cross L over R – Recover to R
7&8 Step L to side – Step R together – Step L to side

CROSS, RECOVER, SIDE, WEAVE, TOUCH, HIPS BUMP

1&2& Cross/rock R over L – Recover to L – Rock R to side – Recover to L
3&4 Cross/rock R over L – Recover to L – Step R to side
5&6& Cross L behind R – Step R to side – Cross L over R – Touch R to side (bend both knees)
7&8 Hips bump to right – Hips bump to left – Hips bump to right (weight on L)

TOGETHER, SIDE TOUCH, HOLD, CROSS, TURN ¼ RIGHT, FORWARD, FLICK, FORWARD, PIVOT ½ TURN RIGHT

&1-2 Step R together – Touch L to side – Hold
3&4 Cross L behind R – Turn ¼ right step R forward – Step L forward
&5-6 Step R forward – Flick L back – Step L forward
7-8 Pivot ½ turn right over 2 counts with weight ending on R

SYNCOPATED LOCK FORWARD, ROCK FORWARD, ½ TURN RIGHT, TOUCH, SIDE MAMBO

1&2& Step L forward – Lock R behind L – Step L forward – Lock R behind L
3&4 Step L forward – Lock R behind L – Step L forward
5&6& Rock R forward – Turn ¼ right recover to L – Turn ¼ right step R back – Touch L forward (bend L knee)
7&8 Rock L to side – Recover to R – Step L together

REPEAT

RESTART: On wall 6 dance only 16 counts.

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