

Colegiala

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner - Cumbia rhythm
編舞者: DJ Bertarelli Luca (IT) - February 2013
音樂: La Colegiala - DJ Luca Bertarelli



Step Sheet by: Ira Weisburd (USA) Feb 2013

Name of Dance: COLEGIALA (The School Girl)

Pronounced: COLE-AY-GALLA

PART I. (MENEAITO STEP: STEP R TO R, STEP-CLOSE L TO R, MAKE 1/2 TURN R ON R; STEP L TO L, STEP-CLOSE R TO L, STEP L TO L; REPEAT ONCE AGAIN)

1&2 Step R to R, Step-close L to R, Make 1/2 turn R on R (Face 6:00) Style: Rolling fists
3&4 Step L to L, Step-close R to L, Step L to L
5&6 Step R to R, Step-close L to R, Make 1/2 turn R on R (Face 12:00) Style: Rolling fists.
7&8& Step L to L, Step-close R to L, Step L to L

PART II. (HITCHHIKER STEP: STEP R TO R (HITCHING WITH R THUMB), STEP L TO L, (HITCHING WITH L THUMB), SHUFFLE TO R (HITCH TWICE WITH R THUMB); STEP L TO L (HITCHING WITH L THUMB), STEP R TO R (HITCHING WITH R THUMB), SHUFFLE TO L (HITCHING WITH L THUMB))

1-2 Step R to R (hitch with R thumb), Step L to L (hitch with L thumb)
3&4 Step R to R, Step-close L to R, Step R to R (hitch twice with R thumb)
5-6 Step L to L (hitch with L thumb), Step R to R (hitch with R thumb)
7&8 Step L to L, Step-close R to L, Step L to L (hitch twice with L thumb)

PART III. (TRAVELLING VOLTA: STEP R ACROSS L, STEP L TO L, STEP R ACROSS L, STEP L TO L, STEP R ACROSS L, STEP L TO L, STEP R ACROSS L; L SIDE MAMBO, R SIDE MAMBO WITH 1/4 TURN R)

1&2 Step R across L, Step with the ball of the L to L, Step R across L
&3&4 Step with the ball of the L to L, Step R across L, Step with the ball of the L to L, Step R across L
5&6 Step L to L, Recover R on R, Step L beside R
7&8 Step R to R, Recover L on L, Make 1/4 turn R bringing R beside L (Face 3:00)

PART IV. (L SIDE MAMBO, R SIDE MAMBO; CLAP HANDS: 5 TIMES IN RHYTHM (SLOW, SLOW, QUICK, QUICK, SLOW))

1&2 Step L to L, Recover R on R, Step-close L to R
3&4 Step R to R, Recover L on L, Step-close R to L
5-6 Clap hands 2x
7&8 Clap hands 3x

REPEAT DANCE.

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