

Intoxication

拍數: 48 牆數: 1 級數: Phrased High Beginner
編舞者: Gail Mullins (USA) & Pat Esper (USA) - March 2013
音樂: Dancin' While Intoxicated (DWI) (feat. LoCash Cowboys & Redneck Social Club)
- Colt Ford



Phrase Map A-B-B-A-A-A-A-B-B-A-A-B-A-B-B-A-A-A.

Phrase A - 32 counts

Lindy right, Turn lindy left, walking heel split, walking heel split

- 1&2 . Step the right foot to the side, Step the left foot next to the left, Step the right foot to the side.
- 3&4 . Turning a quarter turn left step the left foot to the side, Step the right foot next to the right, Step the left foot to the side.
- 5&6 . Step forward on the right foot, Turn both heels outward, Bring heels to center.
- 7&8 . Step forward on the left foot. Turn both heels outward, Bring heels to center.

Walking hip bumps, Walking hip bumps, Sailor step, Turning Sailor

- 9&10 . Step forward on the right foot turning the body slightly to the left and bump the hips Right-Left-Right.
- 11&12 . Step forward on the left foot turning the body to the right and bump the hips Left-Right-Left.
- 13&14 . Step the right foot behind the left, Step the left foot slightly to the side, Step in place on the right foot. (note: should be square to the right wall.)
- 15&16 . Turning a quarter turn to the left, Step the left foot behind the right, Step the right foot slightly to the side, Step in place on the left foot.

Dead step, Dead step, Glide around

- 17 . Dead step (similar to a press step "Paranoia") forward on the right foot.
- 18 . Step right next to left.
- 19 . Dead step forward on the left foot.
- 20 . Step the left foot next to the right.
- 21&22&23&24 . Slide the right toes forward with the heel lifted, Set the right heel down, Turn a half turn to the left while sliding the left toes to the side, Set the left heel down, Turning a quarter turn to the left while sliding the right toes forward, Set the right heel down. Slide the left toes to the side, Set the left heel down.

Angle shuffle, Angle shuffle, Jazz triangle with a crossing end

- 25&26 . Step forward at an angle on the right foot, Step the left foot next to the right, Step forward at an angle on the right foot. (note: travel to the right angle)
- 27&28 . Step forward at an angle on the left foot, Step the right foot next to the left, Step forward at an angle on the left foot. (note: travel to the left angle)
- 29 . Step the right foot over the left.
- 30 . Step back on the left foot.
- 31 . Step the right foot to the side.
- 32 . Step the left foot across the right.

Phrase B - 16 counts

Step and slide, Shuffle back, Step and slide, Shuffle forward

- 1 . Take a big step to the side on the right foot.
- 2 . Slide the left foot next to the right putting weight on the left.
- 3&4 . Step back on the right foot, Step the left foot next to the right, Step back on the right foot.
- 5 . Take a big step to the side on the left foot.
- 6 . Slide the right foot next to the left putting weight on the right.

7&8 . Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

Out, Out, Hand on hip, Hand on Hip, Roll hips slow, roll hips fast

9 . Step forward on the right foot at an angle.

10 . Step the left foot to the side as you place the left hand on the left hip.

11 . Place the right hand on the right hip.

12,13,14 . Roll the hips counter clockwise.

15-16 . Roll the hips counter clockwise rapidly twice ending with the weight on the left foot.

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