

The Reason To Be Brave

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Hazel Pace (UK) - February 2013
音樂: Brave - Josh Groban : (Single - iTunes)



Intro: 32 Counts, on vocals.

[1 – 8] Step Hold, & Recover Cross, Step 1/4 Left, Side, Diagonal Shuffle Slightly to Left.

1 – 2 Step forward on right, HOLD.
&3-4 Rock weight onto left to left side, recover on right, cross left over right.
5 – 6 Making 1/4 turn left step back on right, step left to left side. (9.00).
7 & 8 Step right to left diagonal, left beside right, right to left diagonal. (Only slight diagonal).

[9 – 16] Step 1/2 Pivot Right, Left Shuffle, Rock 1/2 Pivot Left, Rock 1/4 Pivot Left.

1 – 2 Step forward on left, 1/2 pivot turn right. (3.00).
3 & 4 Step forward on left, right beside left, forward on left.
5 – 6 Rock forward on right, make 1/2 pivot left as you recover weight on left. (9.00)
7 – 8 Rock forward on right, make 1/4 pivot left as you recover weight on left. (6.00).

[17 – 24] Cross Hold, Side Behind Side, X 2. (Small steps).

1 – 2 Cross right over left, HOLD.
&3-4 Small step left to left side, right behind left, small step left to left side.
5 – 6 Cross right over left, HOLD.
&7-8 Small step left to left side, right behind left, small step left to left side.

[25 – 32] Cross Rock Recover Stride Drag, & Cross Side, Rock Recover.

1 – 2 Cross rock right over left, recover on left.
3 – 4 Stride right to right side, drag left towards right.
&5-6 Quickly step left behind right, cross right over left, step left to left side.
7 – 8 Rock right behind left, recover on left.

[33 – 40] Step 1/4 Right, 1/2 Right, Back, Cross, Rock Recover, Crossing Shuffle.

1 – 2 Step right 1/4 turn right, 1/2 turn right stepping back on left. (3.00).
3 – 4 Back on right, cross left over right,
5 – 6 Rock right to right side, recover on left.
7 & 8 Cross right over left, left to left side, cross right over left.

[41 – 48] Side Rock Recover, Behind Side Cross, Side Rock Recover, Cross Unwind 3/4 Turn Left.

1 – 2 Rock left to left side, recover on right.
3 & 4 Left behind right, right to right side, cross left over right.
5 – 6 Rock right to right side, recover on left.
7 – 8 cross right over left, unwind 3/4 turn left (Leaning back on right as you turn). (6.00).

[49 – 56] Rock Back Recover, Left Shuffle, Cross Side Behind 1/4 Turn Left. (Start of figure of 8).

1 – 2 Rock back on left, recover on right.
3 & 4 Forward on left, right beside left, forward on left.
5 – 6 Cross right over left, left to left side.
7 – 8 Step right behind left, 1/4 turn left stepping forward on left. (3.00).

[57 – 64] Step 1/2 Pivot Left, 1/4 Left, Behind, Side Rock Recover, Back Rock Recover.

1 – 2 Step forward on right, 1/2 pivot turn left. (9.00).
3 – 4 Make 1/4 turn left stepping right to right side, left behind right. (6.00).

- 5 – 6 Rock right to right side, recover on left.
7 – 8 Rock back on right, recover on left.

Restart: 3rd Sequence – Dance counts 1 – 16, Start again at the back.

TAG: 4 Count Tag. - End of 6th Sequence at front

- 1 – Step forward on right.
2 – 1/2 Pivot left.

X 2. (Or Right Rocking Chair).

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