

Make It Better

拍數: 32 牆數: 4 級數: Improver
編舞者: Kim Ray (UK) - March 2013
音樂: Make It Better - Gary Nock : (Single - iTunes)



Intro: 32 counts

WALKS FORWARD, ROCKING CHAIR, WALKS FORWARD, ROCK FORWARD & SIDE

1-2 Walk forward on right, walk forward on left
3&4& Rock forward on right, recover back on left, rock back on right, recover on left
5-6 Walk forward on right, walk forward on left
7&8& Rock forward on right, recover back on left, rock side right, recover on left (12o/c)

CROSS RIGHT BEHIND, ¼ TURN LEFT, ½ SHUFFLE LEFT, ¼ LEFT STEP TOUCH, ¼ RIGHT SHUFFLE FORWARD

1-2 Cross right behind left, ¼ turn left stepping forward on left (9o/c)
3&4 Shuffle ½ turn left stepping right, left, right (3o/c)
5-6 ¼ turn left stepping left to left side, touch right next to left (12o/c)
7&8 ¼ turn right shuffle forward stepping right, left, right (3o/c)

¼ PIVOT RIGHT, CROSS SHUFFLE, ¼ TURN LEFT SHUFFLE BACK, ½ TURN LEFT SHUFFLE

1-2 Step forward on left, ¼ pivot turn right (6o/c)
3&4 Cross left over right, step right to right side, cross left over right
5&6 ¼ turn left shuffle back right, left, right (3o/c)
7&8 Turning left ½ turn shuffle left, right, left (9o/c)

ROCK FORWARD/RECOVER, SHUFFLE BACK, WALKS BACK, COASTER STEP

1-2 Rock forward on right, recover back on left
3&4 Shuffle back right, left, right
5-6 Walk back on left, walk back on right
7&8 Step back on left, step right next to left, step forward on left (9o/c)

Tag: at end of wall 3 facing 3o/c

WALK FORWARD, ¼ PIVOT TURNS (PADDLES) X 2

1-2 Walk forward on right, walk forward on left
3&4& Step forward on right, ¼ pivot turn left, step forward on right, ¼ pivot turn left
5-6 Walk forward on right, walk forward on left
7&8& Step forward on right ¼ pivot turn right, step forward on right, ¼ pivot turn right

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