

Just A Reason

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Rebecca Sweet-Sansom (AUS) - February 2013
音樂: Just Give Me a Reason (feat. Nate Ruess) - P!nk : (Album: The Truth About Love - iTunes)



Start on lyrics.

Section 1 (1-16): ¼ turn shuffle, ½ turn shuffle back, ½ turn, ½ turn, ½ turn shuffle;

1&2,3&4 ¼ turn R & R step fwd, L tog, R step fwd, ½ turn R & L step back, R tog, L step back,
5,6,7&8 ½ turn R & R step fwd, ½ turn R & L step back, ½ turn R & R step fwd, L tog, R step fwd
(3:00);

Rock fwd, back lock step, back lock step, ½ turn, ¼ turn;

1,2,3&4 L rock fwd, R recover, L step back, R step back & across, L step back,
5&6,7,8 R step back, L step back & across, R step back, ½ turn L & L step fwd, ¼ turn L & R step
side (6:00);

Section 2 (17-32): Sailor, behind side cross, ¼ turn, rock back, ½ turn, rock, ¼ turn & cross;

1&2,3&4 L step behind, R step side, L step side, R step behind, L step side, R step across,
5,6,7&8 ¼ turn L & L rock fwd, R recover, ½ turn L (pivoting on R) with L rock fwd, R recover, ¼ turn
L (pivoting on R) L step across (6:00);

Side rock cross, side rock cross; rock fwd, ½ turn & rock fwd;

1&2,3&4 R rock side, L recover, R step across, L rock side, R recover, L step across
5,6,7,8 R rock fwd, L recover, ½ turn R (pivoting on L) with R rock fwd, L recover (12:00);

Section 3 (33-48): ¼ turn shuffle, ½ turn shuffle back, ¼ turn, sailor & sway, sway;

1&2,3&4 ¼ turn R & R step fwd, L tog, R step fwd, ½ turn R & L step back, R tog, L step back ***,
5,6&7,8 ¼ turn R & R step side, L step behind, R step side, L step side with sway L, sway R (12:00);

¼ turn shuffle, ½ turn shuffle back, ¼ turn, sailor & sway, sway;

1&2,3&4 ¼ turn L & L step fwd, R tog, L step fwd, ½ turn L & R step back, L tog, R step back,
5,6&7,8 ¼ turn L & L step side, R step side, L step behind, R step side with sway R, sway L (12:00);

Section 4 (49-64): Samba, cross & brush, samba, cross & brush;

1&2,3,4 R step across, L rock side, R recover, L step across, R brush fwd,
5&6,7,8 R step across, L rock side, R recover, L step across, R brush fwd;

Rock fwd, ½ turn shuffle, pivot turn, ½ turn shuffle back;

1,2,3&4 R rock fwd, L recover, ½ turn R & R step fwd, L tog, R step fwd,
5,6,7&8 L step fwd, ½ turn R (weight to R), ½ turn R & L step back, R tog, L step back (6:00).

Start dance again.

Restart: On wall 2, after count 36 in Section 3 (***). The ¼ turn shuffle at the start of the dance becomes a ½ turn shuffle for counts 1&2.

Tag: At the end of walls 3 & 4. Rock back, shuffle, pivot turn, ½ turn shuffle back;

1,2,3&4 R rock back, L recover, R step fwd, L tog, R step fwd,
5,6,7&8 L step fwd, ½ turn R (weight to R), ½ turn R & L step back, R tog, L step back.

Contact: rhsweetsansom@iinet.net.au

