

Hot Meat Zong

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: R.C (TW) - March 2013
音樂: Hot Meat Zong by Jin-Fa Guo



Intro: 32 Counts

Section 1: SCISSOR HOLD (R/L)

1-4 R-side, L-together, R-cross, hold
5-8 Repeat with L

Section 2: SAMBA HOLD (R/L)

1-4 R-rock side, L-recover, R-cross, hold
5-6 Repeat with L

Section 3: ¼ L COASTER HOLD, FORWARD SHUFFLE HOLD

1-4 ¼ L R-back, L-together, R-forward, hold
5-8 L-forward, R-together, L-forward, hold

Section 4: STEP PIVOT ½ L, FORWARD HOLD, FULL R, FORWARD HOLD

1-2 R-forward, pivot ½ L (weight on L)
3-4 R-forward, hold
5-6 ½ R L-back, ½ R R-forward,
7-8 L-forward, hold

REPEAT

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