

Days Like This

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver - waltz
編舞者: Tina Argyle (UK) - March 2013
音樂: Days Like This - Trace Adkins : (iTunes)



Count in : 24 counts from start of main beat - start dancing with lyrics

Left Step Forward Side Rock. Right Step Forward Side Rock.

1 - 3 Step forward left. Rock right to right side. Recover weight onto left.
4 - 6 Step forward right. Rock left to left side, recover weight onto right.

Twinkle ¼ Turn Left. Right Coaster Step.

1 - 3 Cross left over right. Make ¼ turn left stepping back right. Step back left. (9 o'clock)
4 - 6 Step back right. Step back left. Step forward right.

Step ¼ Turn Weave.

1 - 3 Step fwd left. Make ¼ turn right onto right. Cross left over right. (12 o'clock)
4 - 6 Step right to right side. Cross left behind right. Step right to right side.

Cross Left, Point Right Hold. Step Back Right, Point Left Hold.

1 - 3 Cross left over right. Point right to right side. Hold.
4 - 6 Cross right behind left. Point left to left side. Hold.

Left Twinkle Step. Right Twinkle ½ Turn

1 - 3 Cross left over right. Step right to right side. Step left at side of right.
4 - 6 Cross right over left. ¼ turn right stepping back left. ¼ turn right stepping right to right side. (6 o'clock)

*****Re-Start here on walls 4 & 7*****

Twinkle ¼ Turn Left. Basic Waltz Step Back.

1 - 3 Cross left over right. Make ¼ turn left stepping back right. Step back left. (3 o'clock)
4 - 6 Step back right. Step back left. Step together right.

Step Sweep. Right Jazz Box.

1 - 3 Step forward left. Sweep right leg anti-clockwise from back to front over 2 counts.
4 - 6 Cross right over left. Step back left. Step right to right side.

Step Fwd. Kick x 2. Step Back Right. Rock back left, Recover.

1 - 3 Step fwd left. Kick right foot forward twice. (raise up on ball of left for styling if suitable)
4 - 6 Step back right. Rock back onto left, recover weight forward onto right.

On walls 4 & 7 Re - start facing 3 o'clock both times - (after right twinkle ½ turn from 9 o'clock)

Choreographers note:- ENDING on wall 10 dance the right coaster (step 12) step facing 6 o'clock then Cross left over right and ½ unwind to face front.

If allowed to play on the track starts up again for a further 45 seconds ish! I suggest finishing the dance at the point above.

Written in support of the LDF event 2013 - Thank You for the invite & to all involved - Enjoy

Contact: www.tinaargyle.com