II Saltarello (P)



拍數: 64 牆數: 1 級數: Intermediate - Circle Partner

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音樂: Il Saltarello - Orchestra Cipriani : (Single - iTunes)



In this dance men are inside the circle and the women are outside the circle

Styling: while dancing keep hands on waists

Start after 16

Section 1: Heels, Steps

Touch R heel forward, step R foot next to L foot
 Touch L heel forward, step L foot next to R foot

5-6 Repeat 1-2 7-8 Repeat 3-4

Section 2 Repeat Section 1

Section 3: Diagonal left rocking chair, recover, hold

(1-6 Angle body to left diagonal)

1-2 Step R foot forward diagonal left, step L foot on place

3-4 Step R foot backward, step L foot on place

5-6 Step R foot forward diagonal left, step L foot on place

7-8 Step R foot side to right, hold

Section 4: Diagonal right rocking chair, recover, hold

(1-6 Angle body to right diagonal)

1-2 Step L foot forward diagonal right, step R foot on place

3-4 Step L foot backward, step R foot on place

5-6 Step L foot forward diagonal right, step R foot on place

7-8 Step L foot side to right, hold

Section 5: Diagonal left, recover, hold, diagonal right, recover, hold

(1-2 Angle body to left diagonal)

1-2 Step R foot forward diagonal left, step L foot on place

3-4 Step R foot side to right, hold

(3-4 Angle body to right diagonal)

5-6 Step L foot forward diagonal right, step R foot on place

7-8 Step L foot side to left, hold

Section 6 Repeat Section 5

Section 7M: Man moves the woman in clockwise circle around him

1 Step R foot forward and take right hand of the woman with left hand

2 Left knee on the floor

3-8 Hold the position and guide the woman in a clockwise circle

Section 7W: Woman dances around the man in clockwise circle

1 Step R foot forward and take the left and of the man with the right hand

2-8 Go around the man

Section 8M: Man let go of right hand of the woman and wait for new partner

1 Stand up and let go of right hand of the woman

2 Close R foot backward to L foot

3-8 Hold the position and wait for the next partner

Section 8W: Woman changes partner

Return in front of the man and let go of the left hand of the man

14 Turn to left and move toward the new partner on the left

14 Turn to right to be in front of the new partner, hold

Section, 25, 6 can also be danced jumping all steps

Have a fun and a good dance!!!!!!!!!!!

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