

Il Saltarello (P)

拍數: 64 牆數: 1 級數: Intermediate - Circle Partner
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音樂: Il Saltarello - Orchestra Cipriani : (Single - iTunes)



In this dance men are inside the circle and the women are outside the circle

Styling: while dancing keep hands on waists

Start after 16

Section 1: Heels, Steps

- 1-2 Touch R heel forward, step R foot next to L foot
- 3-4 Touch L heel forward, step L foot next to R foot
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

Section 2 Repeat Section 1

Section 3: Diagonal left rocking chair, recover, hold

(1-6 Angle body to left diagonal)

- 1-2 Step R foot forward diagonal left, step L foot on place
- 3-4 Step R foot backward, step L foot on place
- 5-6 Step R foot forward diagonal left, step L foot on place
- 7-8 Step R foot side to right, hold

Section 4: Diagonal right rocking chair, recover, hold

(1-6 Angle body to right diagonal)

- 1-2 Step L foot forward diagonal right, step R foot on place
- 3-4 Step L foot backward, step R foot on place
- 5-6 Step L foot forward diagonal right, step R foot on place
- 7-8 Step L foot side to right, hold

Section 5: : Diagonal left, recover, hold, diagonal right, recover, hold

(1-2 Angle body to left diagonal)

- 1-2 Step R foot forward diagonal left, step L foot on place
- 3-4 Step R foot side to right, hold

(3-4 Angle body to right diagonal)

- 5-6 Step L foot forward diagonal right, step R foot on place
- 7-8 Step L foot side to left, hold

Section 6 Repeat Section 5

Section 7M: Man moves the woman in clockwise circle around him

- 1 Step R foot forward and take right hand of the woman with left hand
- 2 Left knee on the floor
- 3-8 Hold the position and guide the woman in a clockwise circle

Section 7W: Woman dances around the man in clockwise circle

- 1 Step R foot forward and take the left and of the man with the right hand
- 2-8 Go around the man

Section 8M: Man let go of right hand of the woman and wait for new partner

- 1 Stand up and let go of right hand of the woman

- 2 Close R foot backward to L foot
3-8 Hold the position and wait for the next partner

Section 8W: Woman changes partner

- 1 Return in front of the man and let go of the left hand of the man
2-6 $\frac{1}{4}$ Turn to left and move toward the new partner on the left
7-8 $\frac{1}{4}$ Turn to right to be in front of the new partner, hold

Section , 2 5, 6 can also be danced jumping all steps

Have a fun and a good dance!!!!!!!!!!!!!!

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