

# My Heart Goes Boom

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Jo Kinser (UK) & John Kinser (UK) - December 2012  
音樂: My Heart Goes Boom - Miss Li : (Album: Tangerine Dream. - iTunes UK)



Start the dance on the heavy beat, this 8 count is the Intro which you only do once (0:09).

\*Intro: Tap Steps Rt & Lt in place (If you do not want to do the Intro then start the dance on the verse (0:12)

## [1-8] Charleston Step, Step 1/4 Turn, Step 1/4 Turn

1,2      Kick Rt fwd, Step Rt back  
3,4      Touch Lt back, Step Lt fwd  
5,6      Step Rt fwd, Make 1/4 turn Lt stepping Lt fwd (9:00)  
7,8      Step Rt fwd, Make 1/4 turn Lt stepping Lt fwd (6:00)

## [9-16] Jazz Box 1/4 Hop/Sweep, Jazz Box 1/4 Stomp

1,2      Step Rt over Lt, Step Lt back  
3,4      Make 1/4 turn Rt stepping Rt fwd, Hop fwd onto Lt foot Sweeping Rt from back to front (9:00)  
5,6      Step Rt over Lt, Step Lt back  
7,8      Make 1/4 turn Rt stepping Rt fwd, Stomp Lt fwd (12:00)

(During this section do something with your hands, Saying No, Heart beating, Sleeping.....)

## [17-24] Kick Kick, Behind & Cross, 1/4 Coaster Step, Rt Lock Fwd

1,2      Kick Rt foot to Rt diagonal X2  
3&4      Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt  
5&6      Step Lt to Lt, Make 1/4 turn Rt Stepping RT next to Lt, Step Lt fwd (3:00)  
7&8      Step Rt fwd, Lock Lt behind Rt, Step Rt fwd

## [25-32] Scuff Step, Scuff Step, Scuff Rock & Back, Run Run Back, Coaster Step

&1&2      Scuff Lt fwd, Step Lt fwd, Scuff Rt fwd, Step Rt fwd  
&3&4      Scuff Lt fwd, Rock Lt fwd, Recover weight on Rt, Step Lt back  
5&6      Step Rt back, Step Lt back, Step Rt back (3 small runs)  
7&8      Step Lt Back, Step Rt next to Lt, Step Lt fwd (3:00)

(On the 4th wall Scuff on count 8 then repeat the last 8 counts stepping Lt fwd on count 1)

## Tag 1: Wall 5 (12:00). 16 Counts

1-4      Small walk around Turn Rt (12:00)  
5&6      Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt  
7,8      Step Lt to Lt, Step Rt next to Lt

1-4      Small walk around Turn Lt (12:00)  
5&6      Step Lt behind Rt, Step Rt to Rt, Step Lt over Rt  
7,8      Step Rt to Rt, Step Lt next to Rt

## Tag 2: Wall 6 (3:00). 24 Counts

1-4      Small walk around Turn Rt (3:00)  
5&6      Step Rt behind Lt, Step Lt to Lt, Step Rt over Lt  
&7&8      Step Lt to Lt, Step Rt behind Lt, Step Lt to Lt, Step Rt next to Lt

&1&2      Step Lt to Lt, Cross Rock Rt over Lt, Replace weight Lt, Step Rt to Rt  
&3      Step Lt over Rt, Step Rt large step Rt  
4,6      Drag Lt to Rt  
7,8      Step Lt large step Lt, Drag Rt next to Lt

\*1-8                    1& Touch Rt next to Lt, Step Rt back touching Lt fwd, Rpt RLRLRL, &8 Step Rt next to Lt,  
Step Lt fwd

**Ending: Facing 3:00**

**Slow the dance down on the Coaster Step, make 1/4 turn Lt stepping Rt a large step to the Rt, drag Lt to Rt.  
(12:00)**

**HAVE FUN**

**Contacts - Jo Kinser & John Kinser - Email: [jo@jjkdancin.com](mailto:jo@jjkdancin.com) - Website: [www.jjkdancin.com](http://www.jjkdancin.com)**

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