

# Lively And Lovely

**COPPERKNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Beginner  
編舞者: Tina Chen Sue-Huei (TW) - March 2013  
音樂: Tianzhen huopo You meili by Fei yu qing



Start dance on lyrics after 16 Counts. - Seq: SD: ABAB / Tag / ABAB / Tag (12)

## Tag (16)

I.) 1-4 Side step R, touch L beside R, side step L, touch R beside L  
5-8 Side step R, step L together, cross R over L, hold

## II.) A mirror steps of Section (I.)

### Part A (32 counts)

#### I. Side, Hold, Cross, Hold, Side, Hold, Cross, Hold

1-8 Side step R, hold, cross L over R, hold, side step R, hold, cross L over R, hold

#### II. Side Rock Recover, Hold

1-4 Side rock R, recover on L, cross R over L, hold

5-6 Side rock L, recover on R, cross L over R, hold

#### III. Cross Steps, Hold

1-8 Cross R over L, step L on RL RL RL RL (hold on count 8)

#### IV. Rocking Chair ¼ Turn R

1-2 Rock L fwd, recover on R

3-4 Rock L back, recover on R ¼ turn R

5-6 Rock L fwd, recover on R

7-8 Rock L back, recover on R

### Part B (32 counts)

#### I. Rumba Steps Back

1-4 Side step R, step L together, back step R, hold

5-8 Side step L, step R together, fwd step L, hold

#### II. Weave L

1-4 Cross R over L, side step L, behind step R, sweep L behind on count 4

5-8 behind step L, side step R, cross L over R, hold

#### III. Side Together Hold, Rock Recover Hold

1-4 Side step R, step L together, side step R, hold

5-8 Rock L fwd, recover on R, rock L fwd, hold

#### IV. Triple Steps Turn Full Circle and ¼ R

1-8 Step R fwd, lock L behind R, turning a full circle and ¼ R on RL RL RL RL

## Happy Dancing

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