

Shake This Town

COPPER KNOB
BY STEPHEN BRETZ

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Amandine Cristofol (FR) - July 2011
音樂: Shake This Town - Jayne Denham



Intro of 32 counts

[1 – 8] Rock Step On Heel, ¼ Turn, Rock Step On Heel, Coaster Step, ½ Turn Jumping Cross & Kicks, Step G, Stomp

1 & 2 & Right heel forward, recover on left, 1/4 turn right right Heel forward, recover on left
3 & 4 right step back, left next to right, right step forward

Jumping and ½ turn left :

5 & left cross over right and right hook back, right step back and left kick forward
6 & left step next to right and right kick forward, right cross over left and left hook back
7 & left step back and right kick forward, right step next to left and left flick back
8 & left step next to right, stomp right next to left

[9 – 16] Rock Step On Heel, ¼ Turn, Rock Step On Heel, Coaster Step, Shuffle, Step ½ Turn Step

1 & 2 & left heel forward, recover on right, 1/4 turn left left Heel forward, recover on right
3 & 4 left step back, right next to left, left step forward
5 & 6 right step forward, left step next to right, right step forward
7 & 8 left step forward , ½ turn right, left step forward

[17 – 24] Step ¼ Turn Cross, ½ Turn Right Cross, Step, Touch, Step, Hitch, Coaster Step

1 & 2 right step forward, ¼ turn left, right cross over left
3 & 4 ¼ right left step back, ¼ right right step on right, left cross over right
5 & 6 & right step forward, left touch next to right, left step next to right, right hitch
7 & 8 right step back, left next to right, right step forward

[25 – 32] Shuffle, Step ½ Turn Step, Shuffle, Jumping Jack ½ Turn Left

1 & 2 left step forward, right step next to left, left step forward
3 & 4 right step forward, ½ turn left, right step forward
5 & 6 left step forward, right step next to left, left step forward
7 & 8 jump both feet apart, jump right cross over left, unwind ½ turn left

[33 – 40] Forward Mambo, Coaster Step, Shuffle, Full Turn Step

1 & 2 rock step forward on right, rock back on left, step back on right
3 & 4 left step back, right next to left, left step forward
5 & 6 right step forward, left step next to right, right step forward
7 & 8 make ½ turn right stepping back on left, make ½ turn right stepping forward on right, left step forward

[41 – 48] Heel Right, Hook, Step, Touch, Step Locked Back, Rock Step Back, Stomp-Up, Rock Back Jumpx2

1 & 2 & right heel forward, right hook cross over left leg, right step forward, left touch next to right
3 & 4 left step back, right lock over left, left step back
5 & 6 right rock step back, recover on left, stomp right next to left
7 & 8 & jumping right rock step back and left kick forward, recover on left x2

Start again with smile

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