

Red Is The Rose

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Ultra Beginner
編舞者: Russell Breslauer (USA) - March 2013
音樂: Red Is the Rose - The Chieftains & Nanci Griffith



SIDE TOGETHER LIFTS (RIGHT AND LEFT)

1-4 Step right to side, left next to right, right to side, lift left (behind right calf),
5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

SIDE TOGETHER LIFTS (RIGHT AND LEFT)

1-4 Step right to side, left next to right, right to side, lift left (behind right calf),
5-8 Step left to side, right next to left, left to side, lift right (behind left calf)

FORWARD

1-4 Step forward right, left together, right, lift left forward
5-8 Step forward left, right together, left, lift right (behind left calf)

BACK

1-4 Step back right, left together, right, lift left backward
5-8 Step back left, right together, left, lift right (behind left calf)

REPEAT

There is a Restart after the instrumental 16 steps, but the dance can be done without a Restart.

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