

# Heart of My Heart

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 2      級數: Improver  
編舞者: Marie Sørensen (TUR) - March 2013  
音樂: Heart of My Heart - The Bellamy Brothers : (Album: Anthology - Greatest Hits - Legalsounds)



**Intro: 14 Counts - No tags, no restart !**

## **SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER, SIDE, ROCK, RECOVER, ¼ TURN, LOCK STEP**

1-2&3      Step right to right side, cross rock left over right, recover, step left to left side  
4&5      Cross rock right over left, recover, step right to right side  
6&7      Cross rock left over right, recover, ¼ turn left, step fwd. on left  
8&1      Step fwd. right, lock left behind right, step fwd. right (09:00)

## **STEP ½ TURN, LOCK STEP, STEP ¼ TURN, CROSS, SWAY, SWAY**

2&3      Step fwd. left, ½ turn right (Weight on right) step fwd. left  
4&5      Step fwd. right, lock left behind right, step fwd. right  
6&7      Step fwd. left, ¼ turn right (Weight on right), cross left over right  
8-1      Step right to right side and sway right, step left to left side and sway left (06:00)

## **SAILOR STEP, SAILOR STEP ¼ TURN LEFT, MAMBO ½ TURN RIGHT, MAMBO ½ TURN LEFT**

2&3      Sweep right behind left, step left next to right, step right to right side  
4&5      ¼ turn left, sweep left behind right, step right next to left, step fwd. left (03:00)  
6&7      Rock fwd. right, recover, ½ turn right, step fwd. on right (09:00)  
8&1      Rock fwd. left, recover, ½ turn left, step fwd. on left (03:00)

## **STEP ¼ TURN LEFT, CROSS, CHASSE, ROCK, RECOVER, ½ TURN, TOGETHER**

2&3      Step fwd. right, ¼ turn left (Weight on left) cross right over left (12:00)  
4&5      Step left to left side, step right next to left, step left to left side  
6-7      Cross rock right over left, recover  
8&      ½ turn right, step right to right side, step left next to right (06:00)

**NOTE: The dance is made on request from Andy, for his and his wife Christine`s 45 th. Wedding anniversary !**

**Have Fun!**

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