

Day By Day

拍數: 64 牆數: 1 級數: High Beginner
編舞者: Theresa Chang (TW) - February 2013
音樂: Summer Summer by Sodagreen



Intro: 24 Counts /11 Secs (Start on Main Vocals after 56 counts).
No Tag / No Restart

[1-8] Polka, Cross Polka

1&2 Step Rf to R side, step Lf beside Rf, step Rf to R side
3&4 Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf
5&6 Step Rf to R side, step Lf beside Rf, step Rf to R side
7&8 Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

[9-16] Rock ,out, vine, make 1/4 turn,

1-2 Rock Rf out to R side, recover to Lf
3-4 Cross Rf over Lf, Step Lf to L side,
5&6 Cross Rf behind Lf, step Lf make 1/4 turn to L (9),Step Rf next to Lf
7-8 step Lf make 1/4 turn to L (6),recover to Rf

[17-24] Rock,hold,Coaster ,make 1/2 turn,

1-2 Rock Rf forward, recover on Lf.
3&4 Step Rf back, Step Lf next to Rf, Step Rf fwd
5-6 Scuff Lf and step Lf forward, hold
7-8 Lf make 1/2 turn to R, hold

[25-32] Sailor,Rock,Triple,

1&2 Step Rf behind Lf, step together with L, take a big side step to R with Rf
3&4 Step Lf behind Rf, step together with R, take a big side step to L with Lf
5-6 Rock Rf fwd, Recover to Lf,
7&8 Step Rf to R,step together with Lf,step Rf to R side,

[33-40] Box, Lock

1-2 Step Lf long step to L side, Step Rf next to Lf,
3&4 Step Lf forward, lock step Rf behind Lf, step Lf forward
5-6 Step Rf long step to R side, Step Lf next to Rf,
7&8 Step Lf back, lock step Lf behind Rf, step Lf back

[41-48] Box Lock,

1-2 Step Lf long step to L side, Step Rf next to Lf,
3&4 Step Lf back, lock step Lf behind Rf, step Lf back
5-6 Step Rf long step to R side, Step Lf next to Rf,
7&8 Step Rf forward, lock step Lf behind Rf, step Rf forward

[49-56] Triple, cross rock, Triple

1&2 Step Lf to L, step together with Rf,step Lf to L side,
3-4 Cross Rock R Over L, recover on Lf
5&6 Step Rf to R,step together with Lf,step Rf to R side,
7-8 Cross Rock Lf Over Rf, recover on Rf

[57-64] Triple, Jazzbox

1&2 Step Lf to L,step together with Rf,step Lf to L side,
3-4 Rf cross in front of Lf, Lf back

5-6 Rf to R side , cross Lf in front of R
7-8 Step Rf next to Lf, recover on Lf

Repeat

Enjoy the dance!

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