

From Silver To Gold

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 0 級數: Improver - waltz
編舞者: Elizabeth Henderson (UK) - February 2013
音樂: You're The Best Friend - Mike Denver : (CD: Wings to Fly)



Step, Touch Hitch, ¼ Left Coaster Step X 2

- 1 - 3 Step forward on left, touch right in front, hitch right
4 - 6 Step back on right, ¼ turn left, step left beside right, step right forward

7 - 12 Repeat above 6 counts

Left Cross Twinkle, Weave, Left Drag

- 1 - 3 Cross left over right, right to right, left to left
4 - 6 Cross right over left, left to left, right behind left

7 - 9 Step large step left, drag right beside left, hold for 1 count
10 - 12 Step right ¼ turn right, point left to left, hold for 1 count

Weave, Back Rock Recover Side, Unwind Full Turn

- 1 - 3 Cross left over right, right to right, left behind right
4 - 6 Step right to right, cross left over right, right to right

7 - 9 Rock back on left, recover on right, step left to left
10 - 12 Cross right over left, unwind full turn left, (weight on right) (easy 10-12 cross hold 2 counts)

Waltz ¼ Left, Waltz Back, Waltz ¼ Left, Waltz Back ½ Turn Left

- 1 - 3 Step left ¼ turn left, right beside left, left beside right
4 - 6 waltz back, right, left, right

7 - 9 Repeat steps 1 – 3
10 - 12 Step back on right, ½ turn left stepping forward on left, right beside left.

Contact: elizabeth.greyfield@btinternet.com
