

Over Time

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Chris Hodgson (UK) - February 2013
音樂: All Over Again - The Mavericks : (CD: In Time)



INTRO - 32 COUNTS

[1-8] SIDE-TOGETHER / CHASSE / CROSS ROCK / CHASSE 1/4 TURN

1-2 Step Right To Right Side, Step Left Next To Right
3&4 Step Right To Right Side, Step Left Next To Right, Step Right To Right Side
5-6 Cross Left Over Right, Rock Weight Back Onto Right
7&8 Step Left To Left Side, Step Right Next To Left, Step Left 1/4 Turn Left (9)

[9-16] WEAVE-SWEEP / BEHIND-SIDE-CROSS-POINT

1-4 Cross Right Over Left, Step Left To Left Side, Cross Right Behind Left, Sweep Left Out And Behind Right
5-8 Cross Step Left Behind Right, Step Right To Right Side, Cross Left Over Right, Point Right To Right Side

[17-24] HITCH-POINT / 1/2 MONTEREY TURN-POINT / & POINT-HITCH / SIDE-ROCK

1-2 Hitch Right Knee, Point Right To Right Side
3-4 1/2 Turn Right On Ball Of Left Stepping Right Next To Left, Point Left To Left Side (3)
&5-6 Step Left Next To Right, Point Right To Right Side, Hitch Right Knee
7-8 Step Right To Right Side, Rock Weight Onto Left

[25-32] CROSS SHUFFLE / 1/4 TURN-1/4 TURN / CROSS ROCK / CHASSE 1/4 TURN

1&2 Cross Right Over Left, Step Left To Left Side, Cross Right Over Left
3-4 1/4 Turn Right Stepping Back On Left, 1/4 Turn Right Stepping Right To Right Side (9)
5-6 Cross Left Over Right, Rock Weight Back Onto Right
7&8 Step Left To Left Side, Step Right Next To Left, Step Left 1/4 Turn Left (6)

[33-40] CROSS-SIDE-BEHIND-KICK / BEHIND-SIDE-CROSS-KICK

1-4 Cross Right Over Left, Step Left To Left Side, Cross Right Behind Left, Kick Left To Left Diagonal
5-8 Cross Left Behind Right, Step Right To Right Side, Cross Right Over Left, Kick Right To Right Diagonal

[41-48] BACK ROCK / KICK-BALL-CROSS / HIP SWAYS x 2 / SAILOR 1/4 TURN

1-2 Step Back On Right, Rock Weight Forward Onto Left
3&4 Kick Right Forward To Right Diagonal, Step Right Next To Left, Cross Left Over Right
5-6 Step Right To Right Side Swaying Hips Right, Sway Hips Left
7&8 Cross Right Behind Left Making 1/4 Turn Right, Step Left To Left Side, Step Right To Right Side (9)

[49-56] STEP-1/2 TURN / SHUFFLE FORWARD / STEP-1/4 TURN / CROSS-SIDE

1-2 Step Forward On Left, Pivot 1/2 Turn Right (3)
3&4 Step Forward On Left, Step Right Behind Left, Step Forward On Left
5-6 Step Forward On Right, Pivot 1/4 Turn Left (12)
7-8 Cross Right Over Left, Step Left To Left Side

[57-64] 1/2 TURN / SIDE-TOGETHER / CHASSE / CROSS ROCK / TRIPLE 3/4 TURN

& 1/2 Turn Right On Ball Of Left (6)
1-2 Step Right To Right Side, Step Left Next To Right

3&4 Step Right To Right Side, Step Left Next To Right, Step Right To Right Side
5-6 Cross Left Over Right, Rock Weight Back Onto Right
7&8 Triple 3/4 Turn Left Stepping On Left-Right-Left (9)

Begin Again And Enjoy

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