

Nina Bonita

拍數: 64 牆數: 2 級數: Easy Intermediate
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音樂: Mi Niña Bonita - Chino & Nacho



Section 1: Diagonal Step-Slide Fwd Right, Left

1-2 Step diagonal forward on Right(facing 13.30), Slide Left up to Right
3-4 Step diagonal forward on Right(facing 13.30), Touch Left next to Right
5-6 Step diagonal forward on Left(facing 10.30), Slide Right up to Left
7-8 Step diagonal forward on Left(facing 10.30), Touch Right next to Left

Section 2: 3/8 Turn with touch , ¼ Turn x4 and 4x Touch

1-2 3/8 turn Right and step forward on Right, Touch Left next to Right(3)
3-4 ¼ turn Right and step Left to Left side, Touch Right next to Left(6)
5-6 ¼ turn Right and step forward on Right, Touch Left next to Right(9)
7-8 ¼ turn Right and step Left to Left side, Touch Right next to Left(12)

Section 3: Side R , Together, Side, Touch, Side L , Together, Side, Touch

1-2 Step Right to Right side, Step Left next to Right
3-4 Step Right to Right side, Touch Left next to Right
5-6 Step Left to Left side, Step Right next to Left
7-8 Step Left to Left side, Touch Right next to Left

Section 4: Cross Rock, Recover, ¼ Chasse Right, Rock Fwd, Recover, Coaster Step

1-2 Cross rock Right over Left, Recover weight on Left
3&4 Step Right to Right side, Step Left next to Right(&), ¼ turn Right and step forward on Right(3)
5-6 Rock forward on Left, Recover weight on Right
7&8 Step back on Left, Step Right next to Left(&), Step forward on Left

Section 5: R Shuffle Fwd, L Shuffle Fwd, Rock Fwd, Recover, ½ Turn Right Step Fwd, Step Fwd

1&2 Right shuffle forward stepping Right. Left. Right
3&4 Left shuffle forward stepping Left. Right. Left
5-6 Rock forward on Right, Recover weight on Left
7-8 ½ turn Right and step forward on Right, Step forward on Left(9)

Section 6: R Shuffle Fwd, L Shuffle Fwd , Rock Fwd, Recover, ¼ Turn Right Step Right to Right side, Cross

1&2 Right shuffle forward stepping Right. Left. Right
3&4 Left shuffle forward stepping Left. Right. Left
5-6 Rock forward on Right, Recover weight on Left
7-8 ¼ turn Right and step Right to Right side, Cross Left over Right (12)

Section 7: Step Right Swaying Hips Right Left Right Left, Cross, Touch, Behind Cross, Touch

1,2,3,4 Step Right to Right side swaying hips Right, Left, Right, Left
5-6 Cross Right over Left, Touch Left to Left side
7-8 Cross Left behind Right, Touch Right to Right side

Section 8: Rock Back, Recover, Rock Fwd, Recover, Rock Back, Recover, Pivot ½ Turn Left

1-2 Rock back on Right, Recover weight on Left
3-4 Rock forward on Right, Recover weight on Left
5-6 Rock back on Right, Recover weight on Left
7-8 Step forward on Right, ½ Pivot turn Left(6)

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