

Tangled Up!

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Sebastiaan Holtland (NL) - February 2013
音樂: Tangled Up - Caro Emerald : (Single - iTunes)



16 count intro, start dancing at (09 sec).

Sec 1: [1-8] ½ Pivot L, ½ L, Back, Step Together, Syncopated hip Bumps R-L-R, L-R-L.

1-2 Step Rt forward, turn ½ left (6) take weight onto Lt.
3-4 Turn ½ left (12) step Rt back, step Lt next to Rt.
5&6 Bump R hip to right, bump L hip to left, bump R hip to right.
7&8 Bump L hip to left, bump R hip to right, bump L hip to left. (12:00)

(Option: When you do the hip bumps, you can move with your whole body).

Sec 2: [9-16] Step, ¼ R, Side, Coaster Step R, Side Rock, Recover, Behind, Side, Cross.

1-2 Step Rt forward, turn ¼ right (3) step Lt to the left.
3&4 Step Rt back, step Lt next to right, step Rt forward.
5-6 Rock Lt to the left, recover on Rt.
7&8 Step Lt behind Rt, step Rt to the right, cross Lt over Rt. (3:00)

Restart: here WALL 2 after 16 counts (facing 3 o'clock), Start again (facing 6 o'clock).

Tag: here WALL 6 after 16 counts, Start again (facing 3 o'clock).

Sec 3: [17-24] Jump Both Feet Apart, Hold, Back, ¼ L, Side, Jump Both Feet Apart, Heel Bounce, Back, ¼ L, Side.

&1-2 Jump both feet apart slightly forward (&1), Hold.
3-4 Step Rt back, turn ¼ left (12) step Lt to the left.
&5&6 Jump both feet apart slightly forward (&5), lift heels off the floor, drop both heels to the floor.
7-8 Step Rt back, turn ¼ left (9) step Lt to the left.

Sec 4: [25-32] Syncopated Side Points R-L, Heel Switches R-L, Fwd Rock, Recover, ¼ R, Side, Fwd Rock, Recover.

1&2& Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt.
3&4& Touch R heel forward, step Rt back in place, touch Lt heel forward, step Lt back in place.
5-6 Rock Rt forward, recover on Lt.
&7-8 Turn ¼ right (12) step Rt to right, Rock Lt forward, recover on Rt.

Sec 5: [33-40] Touch Back, Unwind ½ L, ¼ Pivot L, Cross, Back, Side, Step.

1-2 Touch Lt back, unwind ½ left (6) take weight onto Lt.
3-4 Step Rt forward, turn ¼ left (3) take weight onto Lt.
5-6 Cross Rt over Lt, step Lt big back.
7-8 Step Rt to the right, step Lt forward. (3:00)

Sec 6: [41-48] R Fwd Rock, Recover, ¾ Triple R, L Fwd Rock, Recover, ¾ Triple L.

1-2 Rock Rt forward, recover on Lt.
3&4 Triple ¾ right (12) step Rt slightly forward, step Lt beside Rt, step Rt slightly forward weight onto Rt.
5-6 Rock Lt forward, recover on Rt.
7&8 Triple ¾ left (3) step Lt slightly forward, step Rt beside Lt, step Lt slightly forward weight onto Lt.

Tag: Basic Tango Fwd, Walks Back L-R, ¼ L, Step, Side, Together, Hold, Syncopated Side Points & Together, Hold after start again on the words "Wicked Up"

- 1-8 Stepping Rt forward, Hold, stepping Lt forward, Hold, stepping Rt forward, step Lt to the left, Step Rt next to Lt, Hold.
- 9-16 Stepping Lt back, Hold, stepping Rt back, Hold, turn ¼ left step Lt forward, step Rt to the right, Step Lt next to Rt, Hold.
- 17-21 Point Rt out to right, step Rt next to Lt, point Lt out to left, step Lt next to Rt, Hold.

Start again and have fun!

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