

Let's Dance

拍數: 64 牆數: 4 級數: Beginner
編舞者: Helen Woods (USA) - February 2013
音樂: Let's Dance - Chris Montez : (CD: The Hits)



16 count intro

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, STEP TOGETHER, HOLD

1-2 Rock right forward, recover to left
3-4 Rock right back, recover to left
5-6 Rock right forward, recover to left
7-8 Step right beside left with clap, hold with clap (12:00)

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, ROCK FORWARD, RECOVER, STEP TOGETHER, HOLD

1-2 Rock left forward, recover to right
3-4 Rock left back, recover to right
5-6 Rock left forward, recover to right
7-8 Step left beside right with clap, hold with clap (12:00)

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2 Turn 1/8 left stepping right to side on the right diagonal, touch left beside right (10:30)
3-4 Step left to side turning 1/8 right, touch right beside left (12:00)
5-6 Turn 1/8 right stepping right to side on the right diagonal, touch left beside right (1:30)
7-8 Step left to side turning 1/8 left, touch right beside left (12:00)

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2 Turn 1/8 left stepping right to side on the right diagonal, touch left beside right with clap (10:30)
3-4 Step left to side turning 1/8 right, touch right beside left with clap (12:00)
5-6 Turn 1/8 right stepping right to side on the right diagonal, touch left beside right with clap (1:30)
7-8 Step left to side turning 1/8 left, touch right beside left with clap (12:00)

TWIST

1-4 Twist to the right
5-8 Twist to the left (12:00)

TRIPLE STEP, TRIPLE STEP, TRIPLE STEP, TRIPLE STEP (ALL WITH OPTIONAL PONY STYLING)

1&2 Step right slightly to side, step left beside right, step right in place
3&4 Step left slightly to side, step right beside left, step left in place
5&6 Step right slightly to side, step left beside right, step right in place
7&8 Step left slightly to side, step right beside left, step left in place (12:00)

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2 Turn 1/4 left stepping right to side, touch left beside right with clap (9:00)
3-4 Step left to side, touch right beside left with clap
5-6 Step right to side, touch left beside right with clap
7-8 Step left to side, touch right beside left with clap (9:00)

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

1-2 Step right to side, touch left beside right with clap

- 3-4 Step left to side, touch right beside left with clap
- 5-6 Step right to side, touch left beside right with clap
- 7-8 Step left to side, touch right beside left with clap (9:00)

REPEAT

Dance ends after wall 5. To end facing original 12:00 wall, omit the 1/4 turn left at the beginning of the seventh eight count.

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