

That Ain't Good

拍數: 32 牆數: 4 級數: Improver
編舞者: Arne Stakkestad (BEL) - February 2013
音樂: That Ain't Good - Hank Williams, Jr.



Alt. music: "That Ain't Good" by Ricky Travers

Info: start after 32 counts

[1-8] Side, Beside, Chasse $\frac{1}{4}$ R, Step Forw, Kick, Shuffle Backw $\frac{1}{2}$ R

1-2 RF step right side, LF step beside RF
3&4 RF step right side, LF step beside RF, $\frac{1}{4}$ right RF step forward
5-6 LF step forward, RF kick forward
7&8 $\frac{1}{4}$ right RF step to side, LF step beside RF, $\frac{1}{4}$ right RF step forward

[9-16] Hip bumps L, R, Shuffle Backw, Hip Bumps R, L, Shuffle Forw

1-2 LF forward and bump hips left, recover weight on RF hips right
3&4 LF step backward, RF step beside LF, LF step backward
5-6 RF backward and bump hips right, recover weight on LF hips left
7&8 RF step forward, LF step beside RF, RF step forward

[17-24] Stomp, Side Kick, Sailor step, Stomp, Side Kick, Sailor step

1-2 LF stomp beside RF, LF kick left side
3&4 LF cross behind RF, RF step right side, LF step forward
5-6 RF stomp beside LF, RF kick right side
7&8 RF cross behind LF, LF step left side, RF step forward

[25-32] Pivot, Shuffle Forw, Full Turn L, Mambo Hook

1-2 LF step forward, RF & LF $\frac{1}{2}$ right on ball, weight on RF
3&4 LF step forward, RF step beside LF, LF step forward
5-6 $\frac{1}{2}$ left, RF step backward, $\frac{1}{2}$ left, LF step forward
7&8 RF rock forward, recover weight on LF, RF hook in front of L Knee

Contact: arne.stakkestad@telenet.be