

The Way She Crank It Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Penny Tan (MY) - February 2013
音樂: Crank It Up (feat. Akon) - David Guetta



Start: 16 counts

SEC1: Side touch together, repeat on LF, fwd heel together, repeat on LF, cross together, repeat on LF

1&2& Touch RF to R side, step RF beside LF, touch LF to L side, step LF beside RF
3&4& Fwd RF heel, step RF beside LF, fwd LF heel, step LF beside RF
5&6 Cross RF over LF, step LF together RF (body diagonal facing 1:30)
7&8 Cross LF over RF, step RF together LF (body diagonal facing 10:30)

SEC2: Cross , side, back, side, cross, side rock, ¼ turn, fwd shuffle

1-2 Cross RF over LF, step LF to L side
3&4 Step RF behind LF, step LF to L side, cross RF over LF
5-6 Step LF to side, rock recover on RF
7&8 1/4 turn R, fwd LF shuffle (3.00)

SEC3: Diagonal fwd rock, coaster step, forward rock , step back

1-2 Diagonal rock RF to R side, recover on L
3&4 RF coaster step
5-6 Rock forward on LF to L side, recover on R
7&8 Step back on LF, RF, LF

SEC4: Step back ,drag, knee pop ,walk fwd, fwd hips bumps

1-2 RF big step to back , drag LF beside RF ("pop" R knee)
3-4 Fwd on RF, LF
5 6 7 8 Fwd on RF with hips bumps in 2 counts, then to the LF

Dance again!

Tag 1: After wall 3 on wall 4(9.00), make a 8 counts tag

1 - 2 Step RF to R side , recover RF beside LF (knees bend with body shake)
3 - 4 Step LF to L side , recover LF beside RF (knees bend with body shake)
5 - 6 Repeat 1 - 2
7 - 8 Repeat 3 - 4

Tag 2: After wall 8, facing 12.00 , make a 24 counts tag and following with Tag 1

1-2-3-4 Step RF to R side and dragging LF to RF with slow body roll
5-6-7-8 Step LF to L side and dragging RF to LF with slow body roll

1-2-3-4 Walk forward RF in 2 counts, LF fwd in 2 counts
5-6-7-8 Cross RF over LF , make a full turn to L

1-2-3-4 Mambo rock recover on RF, LF
5-6-7-8 Mambo rock recover on RF, LF

Repeat Tag 1

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