

# Smooth & Easy

**COPPER** KNOB  
BY STEPHENETS

拍數: 32      牆數: 2      級數: Beginner  
編舞者: Judy Rodgers (USA) - February 2013  
音樂: Smooth (feat. Rob Thomas) - Santana



Alt. music:-

Still in Love with You by No Angels - 32 count intro (not perfectly phrased)

After You by Beverly Knight – 40 cnt intro (slower music...not perfectly phrased)

16 Count intro - No tags or restarts

## ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE TURN ½

1-2            Rock R forward, recover L  
3&4           Step R back, step L together, step R back (could substitute a back step lock step)  
5-8           Rock L back, recover R  
7&8           Step L forward ¼ turn right, step R together, step L back ¼ turn right 6:00

## ROCK BACK, RECOVER, STEP R, POINT L, STEP L, POINT R, STEP R, POINT L

1-2            Rock R back, recover L  
3-4            Step R forward, point L (point above and to the side of the foot....raise the hip up as you point)  
5-6            Step L forward, point R (point above and to the side of the foot....raise the hip up as you point)  
7-8            Step R forward, point L (point above and to the side of the foot....raise the hip up as you point)

## CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, BEHIND, TURN ¼ STEP

1-2            Cross L over R, step R to right side  
3-4            Step L behind R, point R to right side  
5-6            Cross R over L, step L to left side  
7-8            Step R behind L, turn ¼ left step L forward 3:00

## ROCKING CHAIR, STEP PIVOT ½, STEP PIVOT ¼

1-4            Rock R forward, recover L, rock R back, recover L  
5-6            Step R forward, pivot ½ left 9:00  
7-8            Step R forward, pivot ¼ left 6:00

REPEAT

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