The Cowboy and the Lady



拍數: 32 牆數: 4 級數: Easy Intermediate

編舞者: Anne Herd (AUS) - December 2012

音樂: The Cowboy and the Lady - John Denver : (CD: The Ultimate Collection - iTunes

& Bigpond Music - 4:35)



Start dancing on the word 'Airport' (Count in approx. 20 beats from start of music) Moving CW.

[1-8] Step Lock, Step, Touch, Back Lock, Back, Touch

1-2-3-4 Step forward on R, lock L behind R. Step forward on R, and touch R behind L

5-6-7-8 Step back on L, cross R over L. Step back on L. Touch R beside L

[9-16] Vine Right, Vine Left, 1/4 Turn, Touch

1-2-3-4 Step R to side. Cross L behind R, Step R to side. Touch L beside R

5-6-7-8 Step L to side. Cross R behind L. Turn ¼ L, Step L forward. Touch R beside L (9:00)

(optional: rolling vines with 1/4 turn)

[17-24] Rocking Chair, 2 x 1/4 Pivots

1-2-3-4 Rock forward on R, replace weight to L Rock back on R, and replace weight to L

5-6-7-8 Step forward on R, turn ¼ L taking weight to L. Step forward on R turn ¼ L taking weight to L

(3:00)

[25-32] Front Side Behind Sweep, Behind Side Cross Point

1-2-3-4 Cross R over L, Step L to side and Cross R behind L. Sweep L out and around and behind R.

5-6-7-8 Step L behind R, Step R to side, Cross L over R, Point R to side

[32] Begin Again

Tag 1: On wall 10, dance to count 32 and add the following 7 count tag and restart the dance Rocking Chair Side Rock/Replace. Touch

1-2-3-4 Rock forward on R recover to L. Rock back on R, recover to L

5-6-7 Rock to R, recover to L as you drag R towards L, and touch R beside L

Tag 2: On wall 15, dance to count 32 and add the following 8 count tag and restart the dance.

2 x 1/4 Pivots. Hip Sway

1-2-3-4 Step forward on R, turn ¼ L, take weight to L, Step forward on R, turn ¼ L, take weight to L

5-6-7-8 Step onto R as you sway hips RLRL

Thanks to my friend Jenny for suggesting this music

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