

Hombre Sincero

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Derek Robinson (UK) - February 2013
音樂: Guantanamera (Radio Edit) - Emil Lassaria & F.Charm : (CD: Single)



Alternatives: Te Quiero Más by Fórmula Abierta (130 bpm). Levantando Las Manos by El Simbolo (128bpm).

64 count intro. Start on heavy beat.

Sec 1: WEAVE LEFT, CROSS ROCK, CHASSE 1/4 TURN.

- 1 - 2 Cross right over left, step left to left side.
- 3 - 4 Cross right behind left, step left to left side.
- 5 - 6 Cross rock right over left, recover onto left.
- 7&8 Step right to right side, step left beside right, make ¼ turn right stepping forward on right (3 o'clock).

Sec 2: FORWARD ROCK, BACK LOCK, BACK, ½ TURN, FORWARD, HOLD & CLAP.

- 1 - 2 Rock forward on left, recover onto right.
- 3 - 4 Step back left, lock right over left.
- 5 - 6 Step back left, make ½ turn right stepping forward on right (9 o'clock).
- 7 - 8 Step forward left, hold & clap.

Sec 3: PIVOT ½ TURN, TRIPLE ½ TURN, BACK ROCK, FORWARD, HOLD & CLAP.

- 1 - 2 Step forward right, pivot ½ turn left (3 o'clock).
 - 3&4 Triple ½ turn left, - stepping R L R (9 o'clock).
- (Easy option without turns for steps 1-4) Right forward rock, right coaster step.
- 5 - 6 Rock back on left, recover onto right.
 - 7 - 8 Step forward left, hold & clap.

Sec 4: MODIFIED JAZZ BOX, SIDE ROCK, BEHIND, SIDE.

- 1-2 Cross right over left, step back left.
- 3-4 Step right to right side, cross left over right.
- 5-6 Rock side right on right, recover onto left.
- 7-8 Cross right behind left, step left to left side.

Begin again.

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