

Father Figure

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Nicky Tan (MY) - February 2012
音樂: Father Figure - George Michael : (Album: Faith)



Dance starts after 8x8 counts (Start at vocal)

Section 1 : Rumba Box, ¼ Turn, ½ Turn

1-4 Step LF back, Hold, Step RF to R, Step LF together
5-8 Step RF forward, Hold, Turn ¼ R & Step LF forward, Turn ½ L & step RF back (9:00)

Section 2 : Modified Coaster Step, Lock Step

1-4 Step LF back, Hold, Step RF back, Step LF together
5-8 Step RF forward, Step LF forward & make a spiral full turn to R, Step RF forward, Hold

Section 3 : Hand to Hand

1-4 Turn ¼ R & step LF to L, Hold, Turn ¼ R & Rock RF back, Recover on LF
5-8 Turn ¼ L & step RF to R, Hold, Turn ¼ L & Rock LF back, Recover on RF

Section 4 : ¼ Turn Rumba Box 2X

1-4 Turn ½ R & step back on LF, Hold, Step RF to R, Step LF together
5-8 Step RF forward, Hold, Turn ¼ R & step LF to L, Step RF together

Section 5 : Weave to R, Cross Rock, Step Back, Hook

1-4 Cross LF over RF, Step RF to R, Cross LF behind RF, step RF to R
5-8 Rock LF over RF, Recover on RF, Step LF diagonally back, Hook RF over LF

Section 6 : Right Rolling Vine, Left Rolling Vine

1-4 Turn ¼ R & step RF to R, Turn ½ R & step LF back, Turn ¼ R & step RF to R, Point LF to L
5-8 Turn ¼ L & step LF to L, Turn ½ L & step RF back, Turn ¼ L & step LF to L, Point RF to R

Section 7 : Jazz Box, Step, ½ Turn, Step, ½ Turn

1-4 Cross RF over LF, Step LF back, Turn ¼ R & step RF to R, Step LF forward
5-8 Step RF forward, Turn ½ L weight on LF, Step RF forward, Turn ½ L weight on LF

Section 8 : Touch steps, Sway

12 & Touch R toe forward, Hold, Step RF beside LF
34 Touch L toe forward, Hold,
5-8 Step LF beside RF & sway body L,R,L,R

Contact: nickytyty@gmail.com