

# Tryin To Forget

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: David Sinfield (UK) - February 2013  
音樂: Baby It's Over - Helena Paparizou : (iTunes)



## Start Dance On Lyrics

### SIDE, BEHIND, TOUCH BALL CROSS, SIDE ROCK, BEHIND SIDE CROSS

1-2            Step right to right, cross left behind right  
3&4            Touch right forward, step down on the ball of right, cross left over right  
5-6            Rock right to right, replace weight onto left  
7&8            Cross right behind left, step left to left, cross right over left

### SIDE ROCK, SAILOR ¼ TURN LEFT, ROCK STEP, SHUFFLE ½ TURN RIGHT

1-2            Rock left to left, replace weight onto right  
3&4            Cross left behind right, step right to right, step left into ¼ turn left  
5-6            Rock forward on right, replace weight onto left  
7&8            Shuffle ½ turn right stepping right-left-right

### ROCK FORWARD, COASTER STEP, SYNCOPATED VINE RIGHT, POINT

1-2            Rock forward on left, replace weight onto right  
3&4            Step back left, step right beside left, step forward left  
5-6            Step right to right, cross left behind right  
&7-8           Step right to right, cross left over right, point right to right

### CROSS POINT, CROSS POINT, CROSS UNWIND ½ TURN, KICK BALL CHANGE

1-2            Cross right over left, point left to left  
3-4            Cross left over right, point right to right  
5-6            Cross right over left, unwind ½ turn left(keeping weight onto left)  
7&8            Kick right forward, step right down, step left in place with right

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