

Kickick Chinese New Year Dance (Ulala 2013)

COPPER KNOB
STEPSHEETS

拍數: 208
編舞者: Wendy Loh (MY) - January 2013
音樂: MY Astro - Ulala

牆數: 0

級數: Phrased Intermediate



Sequence : ABCD, ABCD, D A
Start at the beginning of the music.

PART A (4x8)

Section A1: Bounce gently on the spot with both hands clasped together wishing "GongXi"

1-8 Stand with both feet together and bounce gently with hands clasped together as in wishing 'Gong Xi, Gong Xi'

Section A2 : Charleston Steps

1-4 Touch RF forward, Step RF beside LF, Touch LF back, Step LF beside RF
5-8 Repeat Steps 1-4

Section A3 : Step, Together, Step, Touch to Right then Left

1-4 Step RF to R, Step LF together, Step RF to R, Touch LF together and clap hands
5-8 Step LF to L, Step RF together, Step LF to L, Touch RF together and clap hands

Section A4 : Sway body and Swing hands above head

1,2 Step RF to R & Sway body to R, Hold
3,4 Step LF in place & Sway body to L, Hold
5-8 Sway body R, L, R, L

PART B (8x8)

Section B1 : Jive Steps to Right then Left

1&2 Side Chasse to Right on RF, LF, RF
3,4 Rock LF behind RF, Recover on RF
5&6 Side Chasse to Left on LF, RF, LF
7,8 Rock RF behind LF, Recover on LF

Section B2 : Rocking Chair, Forward Rock, Recover, ½ Turn Forward Shuffle

1-4 Rock RF forward, Recover on LF, Rock RF back, Recover on LF
5,6 Rock RF forward, Recover on LF
7&8 Turn ½ R & Forward Shuffle on RF, LF, RF

Section B3 : Jive Steps to Left then Right

1&2 Side Chasse to Left on LF, RF, LF
3,4 Rock RF behind LF, Recover on LF
5&6 Side Chasse to Right on RF, LF, RF
7,8 Rock LF behind RF, Recover on RF

Section B4 : Rocking Chair, Forward Rock, Recover, ½ Turn Forward Shuffle

1-4 Rock LF forward, Recover on RF, Rock LF back, Recover on RF
5,6 Rock LF forward, Recover on RF
7&8 Turn ½ L & Forward Shuffle on LF, RF, LF

Section B5 : Walk, Walk, Forward Shuffle, Step, ½ Pivot, Forward Shuffle

1,2 Step RF forward, Step LF forward

- 3&4 Forward Shuffle on RF, LF, RF
- 5,6 Step LF forward, Turn ½ R weight on RF
- 7&8 Forward Shuffle on LF, RF, LF

Section B6 : Rock Forward, Recover, Back Shuffle, Rock Back Recover, Cross, ½ R Unwind

- 1,2 Rock RF forward, Recover on LF
- 3&4 Back Shuffle on RF, LF, RF
- 5,6 Rock LF back, Recover on RF
- 7,8 Cross LF over RF, Unwind ½ to Right with weight on LF

Section B7 : Cross Shuffle, Flick, Cross Shuffle, Flick

- 1-3 Cross RF over LF, Step LF to side, Cross RF over LF
- 4 Turn body slightly towards 1:30 & Flick LF back
- 5-7 Cross LF over RF, Step RF to side, Cross LF over RF
- 8 Turn body slightly towards 10:30 & Flick RF back

Section B8 : Do two set of Jazz Box

- 1-4 Cross RF over LF, Step LF back, Step RF to side, Step LF forward
- 5-8 Repeat Steps 1-4

PART C (5X8)

Section C1 : Extended Weave to Right, Scuff

- 1-4 Step RF to side, Step LF behind RF, Step RF to side, Cross LF over RF
- 5,6 Step RF to side, Step LF behind RF,
- 7,8 Step RF to side, Turn body slightly towards 10:30 & Scuff LF

Section C2 : Extended Weave to Left, Scuff

- 1-4 Step LF to side, Step RF behind LF, Step LF to side, Cross RF over LF
- 5,6 Step LF to side, Step RF behind LF,
- 7,8 Step LF to side, Turn body slightly towards 1:30 & Scuff RF

Section C3 : Step, Kick, Step, Kick, Walk Back Small Steps

- 1,2 Step RF back, Turn body slightly towards 1:30 and do a low kick on LF
- 3,4 Step LF back, Turn body slightly towards 10:30 and do a low kick on RF
- 5-8 Step RF back, Step LF back, Step RF back, Step LF back

Section C4 : Forward Shuffle, Touch & Hip Bump, Forward Shuffle, Touch & Hip Bump

- 1&2 Forward Shuffle on RF, LF, RF
- 3,4 Touch LF forward & Lift L hip, Drop L hip
- 5&6 Forward Shuffle on LF, RF, LF
- 7,8 Touch RF forward & Lift R hip, Drop R hip

Section C5 : Back Shuffle twice, Stomp, Stomp, R hip bump, L hip bump

- 1&2 Back Shuffle on RF, LF, RF
- 3&4 Back Shuffle on LF, RF, LF
- 5,6 Stomp RF beside LF, Stomp LF together (Punch both hands above head then to sides)
- 7,8 Step RF to side & bump R hip, Transfer weight to L side & bump L hip

PART D (9x8) (CHORUS)

Section D1 : Twist Body RLRL, Cross Touch, Side Touch, Cross Touch, Step

- 1-4 With weight on balls of feet, move heels R, L, R, L (With Snake Arms Move Styling)
- 5,6 Touch RF over LF, Touch RF to R side
- 7,8 Touch RF over LF, Step RF to R with weight on RF

Section D2 : Twist Body LRLR, Cross Touch, Side Touch, Cross Touch, Step

- 1-4 With weight on balls of feet, move heels L,R,L,R (With Snake Arms Move Styling)

5,6 Touch LF over RF, Touch LF to L side
7,8 Touch LF over RF, Step LF to L with weight on LF

Section D3 ; Jazz Box with a Touch, Hip Lift & Drop Twice

1-4 Cross RF over LF, Step LF back, Step RF to side, Touch LF forward
5,6 Lift L hip, Drop L hip
7,8& Lift L hip, Drop L hip, Step LF in place

Section D4 ; Repeat Section D3

Section D5-D8 : Repeat Section D1-D4

Section D9 : Rolling Vine to Right then Left

1-4 Turn $\frac{1}{4}$ R & Step RF forward, Step $\frac{1}{2}$ R & Step back on LF, Turn $\frac{1}{4}$ R & Step RF to side,
Touch LF together
5-8 Turn $\frac{1}{4}$ L & Step LF forward, Step $\frac{1}{2}$ L & Step back on RF, Turn $\frac{1}{4}$ L & Step LF to side,
Touch RF together

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