

That's What We Can Do

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Adrian Swales (UK) - February 2013
音樂: That's What We Can Do - Deacon Blue : (CD: The Hipsters)



Intro: 32 counts

S1: STEP, PIVOT 1/2 LEFT, SHUFFLE 1/2 LEFT, BACK ROCK, 2X JAZZ JUMPS FORWARD.

1-2 Step forward on Right. Pivot ½ turn Left (face 6:00).
3&4 Shuffle ½ turn Left stepping Right, Left, Right (face 12:00).
5-6 Rock back onto Left. Recover onto Right.
&7 Step Left slightly forward and out. Step Right slightly forward.
&8 Step Left slightly forward and out. Step Right slightly forward.

S2: STEP, POINT, STEP POINT, LEFT SAILOR, WEAVE ¼ LEFT.

1-2 Step forward Left. Point Right to Right side.
3-4 Step forward Right. Point Left to Left side.
5&6 Cross Left behind Right. Step Right to Right side. Step Left to place.
7&8 Cross Right behind Left. Step Left to Left side. Step Right forward turning ¼ Left (face 9:00).

S3: LEFT CAMEL WALK. RIGHT CAMEL WALK.

1-2 Step diagonally forward on Left to Left diagonal. Close Right next to Left.
3-4 Step diagonally forward on Left to Left diagonal. Tap Right next to Left & clap.
5-6 Step diagonally forward on Right to Right diagonal. Close Left to Right.
7-8 Step diagonally forward on Right to Right diagonal. Tap Left next to Right & clap.

S4: SIDE LEFT, HOLD, SYNCOPATED SIDE ROCK. LEFT JAZZBOX ¼ LEFT.

1-2 Step Left to Left side. Hold.
&3-4 Step Right beside Left. Rock Left to Left side. Rock onto Right in place.
5-6 Cross step Left over Right. Step back on Right.
7-8 Turn ¼ Left stepping Left to Left side. Step forward Right (face 6:00).

S5: FORWARD SHUFFLE, STEP, ¼ PIVOT. CROSS SHUFFLE, HINGE ½ TURN.

1&2 Step Left forward. Close Right beside Left. Step Left forward.
3-4 Step forward Right. Pivot ¼ Left (face 3:00).
5&6 Cross step Right over Left. Step Left to Left side. Cross step Right over Left.
7-8 Turning ¼ Right, step Left back. Turning ¼ Right step Right to side (face 9:00).

S6: WALK, ANCHOR STEP, BACK. SAILOR STEP, BEHIND, SIDE.

1 Walk forward Left.
2&3 Step Right toe behind Left heel (3rd position). Replace weight onto Left. Step Right back.
4 Step Left back.
5&6 Cross Right behind Left. Step Left to Left side. Step Right in place.
7-8 Cross step Left behind Right. Step Right to Right side (face 9:00).

S7: CROSS, SIDE, BEHIND & HEEL & CROSS, HOLD, SYNCOPATED WEAVE.

1-2 Cross step Left over Right. Step Right to Right side.
3&4 Cross step Left behind Right. Step Right to Right side. Touch Left heel diagonally forward Left.
&5-6 Replace weight to Left foot. Cross step Right over Left. Hold.
&7 Step Left to Left side. Cross step Right behind Left.
&8 Step Left to Left side. Cross step Right over Left (face 9:00).

S8: BACK ¼ RIGHT, POINT, FORWARD, POINT. MONTEREY ½ LEFT, RIGHT KICK BALL CHANGE.

- 1-2 Step back Left turning ¼ Right. Point Right to Right side (face 12:00).
3-4 Step forward Right. Point Left to Left side.
5-6 Turn ½ Left stepping Left next to Right. Point Right to Right side (face 6:00).
7&8 Kick Right forward. Step down on ball of Right. Step on Left.

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