Hang On Frankie

拍數: 40 **牆數:** 4 **級數:** Improver / Easy Intermediate
編舞者: Yvonne Anderson (SCO) - February 2013
音樂: Let's Hang On - Frankie Valli & The Four Seasons : (Various compilations)

Notes: Start on main vocal.
Restart, during wall 5 facing 6 o'clock (see note below re the modified turn, touch).
Music ends during wall 9 to finish facing forward change counts 39&40 to a left coaster step see note at bottom of script.

[1-8] DIAGONAL SHOOP SHOOPS R & L

1-4	Step R forward to right diagonal, Slide L beside right taking weight, Step R forward to right diagonal, Touch L toes beside right and clap hands [1.30]
5-8	Step L forward to left diagonal, Slide R beside left taking weight, Step L forward to left diagonal, Touch R toes beside left and clap hands [11.30]

(arms: counts 1-3 and 5-7 arms move forward and back in a push/pull movement)

[9-16] SHUFFLE BACK X 2 (with 60's style arms), ROCK BACK RECOVER, SHUFFLE FORWARD

1&2	Step R back, (&) Step L beside right, Step R back [12]
3&4	Step L back, (&) Step R beside left, Step L back [12]
5-6	Rock R back, Recover weight on L [12]
7&8	Shuffle forward stepping R, L, R [12]

(note: counts 1-4 travel slightly back ….for fun add arm movements, 1&2, bring R arm up to front , then hitch hike or do the backstroke as you triple back, 3&4 same as 1&2 using left arm)

[17-24] STEP 1/2 TURN RIGHT, 2 STEP FULL TURN, ROCK, RECOVER, COASTER STEP

1-2	Step L forward, Make 1/2 turn right taking weight on R [6]
3-4	Make 1/2 turn right stepping L back, Make 1/2 turn right stepping R forward [6]

(note: counts 3-4 travel forward and can performed as walk forward L, R)

5-6	Rock L forward, Recover weight on R [6]
7&8	Step L back, (&) Step R beside left, Step L slightly forward [6]

[25-32] STOMP, HOLD, TOGETHER, STOMP, TOUCH, ROLLING 1 & 1/4 TURN LEFT, STEP

1-2	Stomp R to right, Hold [6]
&3-4	(&) Step L beside right, Stomp R to right, Touch L toes beside right preparing to turn [6]
5-8	Make 1/4 turn left stepping L forward, Make 1/2 turn left stepping R back, Make 1/2 turn left stepping L forward, Step R forward [3]

(note: alternate counts 5-8 can be performed as a vine 1/4 turn left, Step)
*****Restart: wall 5, dance through to count 28, then replace 1&1/4 rolling turn with a full turn rolling vine left and touch R toes beside left, you are now facing…6 o'clock , start again *****

[33-40] KICK-BALL-STEP x 2, ROCK, RECOVER, SHUFFLE 1/2 TURN LEFT

1&2	Kick L forward, (&) Step Ball of L beside right, Step R forward [3]
3&4	Kick L forward, (&) Step Ball of L beside right, Step R forward [3]
5-6	Rock L forward, Recover weight on R preparing to turn [3]
7&8	Make 1/2 turn left stepping L, R, L [9]

Music ends during wall 9 - to finish facing forward change counts 39&40 to a coaster step…tah dahh!!

Repeat

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