

Pin Up Girl

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Easy Intermediate
編舞者: Carolyne SABATIER (FR) - September 2012
音樂: Pin Up Girl - The Lennerockers : (CD: High Class Lady)



Start after 14s, on the first word

[1-8] (Heel Dig-Hook- Heel Dig-Flick- Triple Forward) R & L - :

1&2& Dig R heel forward (1), Hook R over left (&), dig R Heel forward (3), Flick right (&) (12H)
3&4 Step forward on right (3), step left next to right (&), step forward on right (3)
5&6& Dig L heel forward (1), Hook L over right (&), dig L Heel forward (3), Flick left (&)
7&8 Step forward on left (7), step right next left (&), step forward on left (8)

[9-16] Cross- Back- Side Triple With ¼ turn R- ½ Pivot- Run Forward:

1-2 cross R over L (1), Step back on L (2) (12h)
3&4 side step on right (3), step left next right (&), ¼ turn R step forward on right (4) (3H)
5-6 Step forward on L (5), make half Turn R (6) (weigh on R foot) (9H)
7&8 Run forward R(7) L(&) R(8) / (or Full Triple (advanced option))

[17-24] Charleston Step- (cross & heel jack) R & L:

1-2 Touch right toe forward (1), step back on right (2) (with sweep) (9H)
3-4 Touch left toe back (3), step forward on left (4)(with sweep)
5&6& cross right over left (5), step left to left side (&), touch right heel to right diagonal (6), step right next left (&)
7&8& cross left over right (7), step right to right side (&), touch left heel left diagonal (8), step left next right (&)

[25-32] Stomp- Heel Split- Coaster step- Side Rock Cross- Cross & Cross:

1&2 Stomp right Forward (1), Heels split out (&), Heels split in (2) (9H)
3&4 step back on right (3), step left beside right (&), step forward on right (4)
5-6 Left side rock (5), recover weigh on right (&), cross left over right (6)
&7&8 little step on right side (&), cross left over right (7), little step on right side (&), cross left over right (8) (9H)

RESTART HERE : after 2 repetition (face 6H), after 5 repetition (face 9H)

[33-40] Pivot Half Turn L- Triple Fwd- Full Turn R- Mambo Fwd:

1-2 Step Forward on right (1), make half turn Left weigh on left (2) (3H)
3&4 step forward on right (3), step left next to right (&), step forward on right (4)
5-6 Make ½ turn right stepping back on left (5), make ½ turn right stepping forward on right (6)

Easy option: walk forward left-right

7&8 Step forward on left (7), recover weigh on right (&), step back on right(8) (3H)

[41-48] Walk Back R & L- Coaster Step- Side Rock- Cross Rock- Side Mambo:

1-2 step Back on right (1), step back on left (2) (3H)
3&4 step back on right (3), step left next right (&), Step forward on right (4)
5&6& side rock on left (5), recover weigh on right (&), cross left over right (6), recover weigh on right (&)
7&8 side rock on left (7), recover weigh on right (&), step left beside right (8) (3H)

[49-56] R Gallop diagonal- Side Rock with ¼ Turn R- Triple Forward:

1&2& step forward diagonal on right (1), step left next right (&), step forward diagonal on right (2), step left next right (&)
3&4 step forward diagonal on right (3), step left next right (&), step forward diagonal on right (4)

5-6 Side Rock on left (5), Recover weigh on right making $\frac{1}{4}$ turn right (6) (6H)
7&8 step forward on left (7), step right next left (&), step forward on left (8)

[57-64] (Heel Split) R & L- Half Turn Left- R Kick Ball Change- pivot $\frac{1}{4}$ Turn Left:

1&2 Dig right Heel forward (1), step right next left (&), dig left Heel forward (2) (6H)
&3-4 step left next right (&), Step forward on right (3), Making Half turn L weigh on L (4) (12H)
5&6 Kick right forward (5), ball step right next left (&), recover weigh on left (6) (12H)
7-8 step forward on right (7), making $\frac{1}{4}$ turn L weigh on left (8) (9H)

...Enjoy..... !!!!!!!!!!!!!!!

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