

# Long Distance Love

COPPER KNOB  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Dee Musk (UK) - February 2013  
音樂: Long Distance - Melanie Amaro : (Single - iTunes)



Huge Thanks for the music from my friends Mike & Brenda.

32 Count Intro – Approx 16 seconds - Track approx 3 mins 50 secs BPM 120

## Side Touch, Kick Ball Cross, Side Behind, Kick Ball Cross.

1,2            Step R to R side, touch L beside R.  
3&4           Kick L to L diagonal, step L beside R, cross R over L.  
5,6            Step L to L side, cross step R behind L.  
7&8           Kick L to L diagonal, step L beside R, cross R over L. (12 o'clock).

## Side Rock, Cross ¼ Turn L, Chasse ¼ Turn L, Cross Rock.

1,2            Rock L to L side, recover weight to R.  
3,4            Cross L over R, make a ¼ turn L stepping back on R.  
5&6           Make a ¼ turn L stepping L to L side, close R beside L, step L to L side.  
7,8            Cross rock R over L, recover weight to L. (6 o'clock).

## Side Rock, Sailor Heel, Ball Cross Hold, Side Behind ¼ Turn R.

1,2            Rock R to R side, recover weight to L.  
3&4            Cross R behind L, step L to L side, touch R heel to R diagonal.  
&5,6           Step R beside L, cross L over R, hold count 6.  
&7,8           Step R to R side, cross L behind R, make a ¼ turn R stepping forward on R. (9 o'clock).

## Step ½ Turn R, Step Reverse ½ Turn L, ¼ Turn L, Hold, Ball Side Touch.

1,2            Step forward on L, make a ½ turn R.  
3,4            Step forward on L, make a reverse ½ turn L stepping back on R.  
5,6            Make a ¼ turn L stepping L to L side, hold count 6.  
&7,8           Step R beside L, step L to L side, touch R beside L. (6 o'clock).

## ¼ Turn R, Touch, Full Walkaround Turn L, Behind Side Cross.

1,2            Make a ¼ turn R stepping forward on R, touch L beside R.  
3-6            Walk around a full turn L stepping L, R, L, step R to R side.  
7&8            Cross step L behind R, step R to R side, cross L over R. (9 o'clock).

## Side Rock, Behind ¼ Turn Step, Rock Recover, Step Back, Reverse ½ Turn R.

1,2            Rock R to R side, recover weight to L.  
3&4            Cross step R behind L, make a ¼ turn L stepping forward on L, step forward on R.  
5,6            Rock forward on L, recover weight to R.  
7,8            Step back on L, make a reverse ½ turn R stepping forward on R. (12 o'clock).

## Step ¼ Turn R, Cross Shuffle, Side Rock, Sailor Step.

1,2            Step forward on L, make a ¼ turn R.  
3&4            Cross step L over R, step R to R side, cross step L over R.  
5,6            Rock R to R side, recover weight to L.  
7&8            Cross step R behind L, step L to L side, step R to R side. (3 o'clock).

## Behind ¼ Turn R, Step ¾ Turn R, Chasse L, Back Rock.

1,2            Cross step L behind R, make a ¼ turn R stepping forward on R.  
3,4            Step forward on L, make a ¾ turn R.

5&6 Step L to L side, close R beside L, step L to L side.

7,8 Rock back on R, recover weight to L. (3 o'clock).

**Tag End of wall 5 facing 3 o'clock wall dance the following then begin again.**

**R Side Touch, L Side Touch.**

1-4 Step R to R side, touch L beside R, step L to L side, touch R beside L.

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