

Fall Apart

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Roz Chaplin (UK) & Colin B. Smith (UK) - February 2013
音樂: Fall Apart - The Mavericks : (CD: In Time)



Start on vocals. Begin the dance when he sings "You"

BOTAFOGO X 2, MAMBO STEP X 2

1&2 Step forward on right, rock left to left side, recover onto right
3&4 Step forward on left, rock right to right side, recover onto left
5&6 Rock forward on right, recover onto left, step right beside left
7&8 Rock back on left, recover onto right, step left beside right.

Restart Here Wall 3

WALK, WALK, SCISSORS STEPS X2

1-2 Walk forward right, walk forward left (OPTION Click fingers left & right here)
3&4 Rock right to right side, step left beside right, cross right over left
5-6 Walk forward left, walk forward right (OPTION Click fingers right & left here)
7&8 Rock left to left side, step right beside left, cross left over right

MODIFIED MAMBO STEPS (Samba walk style), PIVOT ½ TURN, FULL TURN

1&2 Step right beside left, rock back on left, recover onto right
3&4 Step left beside right, rock back on right, recover onto left
5-6 Step forward on right, pivot ½ turn to left (weight on left) (6)
7-8 Make ½ turn to left stepping right back, make ½ turn to left stepping left forward

SAMBA STEPS, SPIRAL TURN, LEFT SHUFFLE FORWARD

1&2 Cross right over left, rock left to left side, recover onto right
3&4 Cross left over right, rock right to right side, recover left
5-6 Step forward on right, make full turn left on ball of right
7&8 Step forward on left, close right beside left, step forward on left

Tag 1. End of Walls 1, 3 & 4

HIP BUMPS

1-2 Step right to right side bumping hips to right, bump hips to left

Tag 2. End of wall 7

DOUBLE HIP BUMPS

1&2 Step right to right side bumping hips right, left, right
3&4 Bump hips left, right, left

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