

# I Believe

**COPPER** KNOB  
BY STEPHENETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Don Pascual (FR) - July 2011  
音樂: I Believe I'm Falling - Micke Muster



Start after 8 counts (on the word "your")

**Section 1: Swivel to the right, clap, swivel to the left, clap**

1-4            Swivel heels, toes, heels to the R, clap  
5-8            Swivel heels, toes , heels to the L, clap

**Section 2: R Kick ball change x2, jump out, jump cross, half turn to the L with two heel bounces**

1&2            R Kick (R diagonal), step R slightly back, step L in place  
3&4            R Kick (R diagonal), step R slightly back, step L in place  
5-6            Jump out, jump cross (ending R foot cross over L foot)  
7-8            2 heel bounces making a ½ Turn to the L (ending weight on L)

**Section3: Forward R shuffle, L kick x2, backward L shuffle, R kick x2**

1&2            Step R forward, step L together, step R forward  
3-4            L Kick x 2 (L diagonal)  
5&6            Step L back, step R together, step L back  
7-8            R Kick x 2 (R diagonal)

**Section 4: Jazz box with ¼ turn, syncopated jump out, clap, syncopated jump in, clap**

1-4            Cross R over L, step L behind, ¼ Turn to the R and step R to R side, step L forward  
&5-6            Syncopated forward jump out ( Step R forward in R diagonal, step L forward in L diagonal),  
                  clap  
&7-8            Syncopated back jump in ( back R step, step L next to R), clap.

**Final: Dance the first 20 counts of wall 8, and after the L kicks, add:  
step L forward, ¼ Turn to the right, step L cross over R (ending facing 12h00)**

Have fun with this dance !!

Contact: [countryscal@orange.fr](mailto:countryscal@orange.fr)