

# Be Careful With My Heart

**COPPER** **KNOB**  
BY STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Roly Ansano (USA) - February 2013  
音樂: Please Be Careful With My Heart - Jose Mari Chan & Regine Velasquez



Alternate music: Please Be Careful With My Heart by Tay Kewei f. Christian Bautista

Intro: Start on the word 'love'

## [1-8] NIGHTCLUB TWO-STEP BASIC, TURNING NIGHTCLUB TWO-STEP BASIC

1-2            Step L to side, hold  
3-4            Cross R behind L, recover to L  
5-6            Step R to side, hold  
7-8            Cross L behind R and turn 1/4 left, recover to R

## [9-16] SIDE STEP, TURN, HIP SWAYS, CROSS STEP

1-2            Step L to side & turn 1/4 left, hold  
3-4            Step R to side and sway right-left  
5-6            Sway right-left and recover to L  
7-8            Cross R over L, hold

## [17-24] SIDE STEP, TURN, HALF-TURN PIVOT, FORWARD-TOUCH, BACK-TOUCH

1-2            Step L to side, hold  
3-4            Turn 1/4 left and step R forward, pivot 1/2 left and recover to L  
5-6            Step R forward, touch L behind R  
7-8            Step L back, touch R together

## [25-32] SCISSOR STEP, LEFT COASTER STEP, STRIDE-DRAG

1-2            Step R to side, step L together  
3-4            Cross R over L, step L back  
5-6            Step R together, step L forward  
7-8            Big step R forward, drag and touch L together

**REPEAT**

**TAG:**

No TAG for the Tay Kewei track.

For the Jose Mari Chan track, at the end of wall 3, facing 3.00, add

**BACK STEPS, TURN-TOUCH, SIDE STEPS, TOUCH**

1-4            Step back L,R,L , turn 1/4 left and touch R together  
5-8            Step R to side, step L together, step R to side, touch L together

**ENDING: For the Jose Mari Chan track, at the end of wall 10, facing 3:00, add**

1-2            Step L back and turn 1/4 left, touch R to side and pose with hands over heart

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