Mud Stompin'



拍數: 32 編數: High Beginner

編舞者: Pat Esper (USA) - August 2010 音樂: Cricket On A Line - Colt Ford



STOMP, CLAP, STOMP, CLAP, SHUFFLE FORWARD, HEEL SPLIT

1	Stomp the left foot forward	ard

2 Clap.

3 Stomp the right foot forward.

4 Clap.

Step forward on the left, Step the right next to the left, Step forward on the left.

Step the right next to the left, Split the heels apart, Bring the heels together.

SIDE STEP, SLAP, SIDE STEP, SLAP, VINE TO THE RIGHT, TOGETHER

9	Sten the	right foot	to the side.
J	OLED LITE	HUHIL HOOL	to the side.

10 Bring the left heel up behind the right leg and slap it with the right hand.

11 Step the left foot to the side.

12 Bring the right heel up behind the left leg and slap it with the left hand.

13 Step the right foot to the side.
14 Step the left foot behind the right.
15 Step the right foot to the side.
16 Step the left foot next to the right.

TOE-HEEL SWIVELS IN, HEEL-TOE SWIVELS OUT, OUT, OUT, IN, IN (BEV STYLE)

1/	I urn the toes of both feet out.
18	Turn the heels of both feet out.
19	Bring both heels back to center.

20 Bring the toes of both feet back to center.
21 Set the right heel forward at a 45 degree angle.
22 Set the left heel forward at a 45 degree angle.

23 Step back to center on the right foot. 24 Step the left foot next to the right.

STEP, LOCK, SHUFFLE, STEP ½ PIVOT, STEP ½ TURN, ½ TURN STEP

25 Step forward on the right foot.

26 Step (lock) the left foot behind the right.

27&28 Step forward on the right, Step the left next to the right, Step forward on the right.

Step forward on the left foot.

30 Pivot a ½ turn to the right.

31 Step forward on the left foot while turning a ½ turn to the right.

32 Turning a ½ turn to the right, step forward on the right.

Start dance again. - (No Tags - No Restarts).

Contact: ptesper@gmail.com - On Facebook at The Redneck Revolution (of music and dance with Pat Esper)