

Bring The Action

COPPER KNOB
BY STEPHEN

拍數: 96 牆數: 2 級數: Phrased Intermediate
編舞者: Ruben Luna (USA) & John Robinson (USA) - February 2013
音樂: Scream & Shout (feat. Britney Spears) - will.i.am : (CD: #willpower)



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SEQUENCE: Begin 32 counts in (start after you hear "Bring the action"). ABB*,A-,AABB*,A-,BBBBB*. For long version, walk off floor in slow motion at end of track.

PART A - 64 counts

A1: WALK FWD R-L-R, CHASSE LEFT, WALK BACK R-L, 1/4 CHA

1,2,3 Step R forward (1), Step L forward (2), Step R forward (3)
4&5 Step L side left (4), Step R beside L (&), Step L side left (5)
6,7 Step R back (6), Step L back (7)
8&1 Turn 1/4 right stepping R forward (3:00) (8), Step L forward (&), Step R forward (1)

A2: FORWARD ROCK, RECOVER, LOCKING TRIPLE BACK, 1/2 TURN WALK R-L, SPIRAL FULL TURN, STEP

2,3 Rock L forward (2), Recover R (3)
4&5 Step L back (4), Lock step R across L (&), Step L back (5)
6,7 Turn 1/2 right stepping R forward (9:00) (6), Step L forward (7)
8,1 Spiral full turn right ending R hooked across L (8), Step R forward (1)

A3: SIDE ROCK TURNING 1/4 RIGHT, RECOVER, CROSSING TRIPLE, 5/8 TURN LEFT, DIAGONAL TRIPLE FORWARD

2,3 Turn 1/4 right (12:00) rocking L side left (2), Recover R (3)
4&5 Step L across R (4), Step R side right (&), Step L across R (5)
6,7 Turn 1/4 left (9:00) stepping R back (6), Turn 3/8 left (4:30) stepping L forward (7)
8&1 Step R forward (8), Step L beside R (&), Step R forward (1)

A4: FORWARD ROCK, RECOVER, 1/2 TURN TRIPLE FORWARD, FORWARD ROCK, RECOVER, TOUCH

2,3 Rock L forward (2), Recover R (3)
4&5 Turn 1/2 left (11:30) stepping L forward (4), Step R beside L (&), Step L forward (5)
6,7 Rock R forward (6), Recover L (7)
8 Tap R beside L squaring up to 12:00 (8)

[Restart here on 2nd and 5th repetition of A]

A5: TAP, CROUCH, FLICK, BUMP FORWARD-BACK-FORWARD, KICK & STEP FORWARD

1,2,3 Tap R side right about shoulder-width apart from L (1), Bend knees lowering body into slight crouch taking weight R (2), Flick L behind R calf while straightening knees (3)
4,5,6 Turn 1/4 left (9:00) bumping L hip forward (4), Bump R hip back (5), Bump L hip forward taking weight L (6)
7&8 Kick R forward (7), Step ball of R beside L (&), Step L forward (8)

A6: LOOK RIGHT, LOOK FORWARD, 1/4 PIVOT LEFT, DROP LEFT, STRAIGHTEN, DROP RIGHT, STRAIGHTEN

1,2 Rotate upper body to "look" 1/4 right (12:00) (1), Rotate upper body to "look" 1/4 left (9:00) (2)
3,4 Step R forward (3), Turn 1/4 left (6:00) taking weight L (feet shoulder-width apart) (4)
5,6 Bend knees lowering body into crouch angling left (5), Straighten knees squaring up (6)
7,8 Bend knees lowering body into crouch angling right (7), Straighten knees squaring up (8)

Styling for 5-8: Bring both arms up (similar to a "Thriller" type pose) as you crouch, then lower arms as you square up.

A7: ROCK BACK, STEP, WALK FORWARD, KICK & POINT, 1/4 TURN, POINT

1,2 Rock R back kicking L forward (1), Step L forward (2)
 3,4 Step R forward (3), Step L forward (4)
 5&6 Kick R forward (5), Step R beside L (&), Tap L toe side left (6)
 7,8 Turn 1/4 left (3:00) stepping L beside R (7), Tap R toe side right (8)

A8: SAILOR TURN 1/4 RIGHT, STEP FORWARD, PRESS, RECOVER, BACK, FORWARD TURNING 1/2 RIGHT, TOUCH

1&2 Step R behind L starting 1/4 turn right (1), Step L side left finishing 1/4 turn right (6:00) (&), Step R forward (2)
 3,4 Step L forward (3), Press R forward ball of foot (4)
 5,6 Recover L (5), Step R back preparing to turn right (6)
 7,8 Turn 1/2 right (12:00) stepping L forward (7), Tap R beside L (8)

PART B - 32 counts**B1: SYNCOPATED SIDE STEPS WITH HOLDS, CROSS ROCK, RECOVER, SIDE STEP**

1,2 Step R side right (1), Hold (2)
 &3,4 Step ball of L beside R (&), Step R side right (3), Hold (4)
 &5,6 Step ball of L beside R (&), Step R side right (5), Rock L across R (6)
 7,8 Recover R (7), Step L side left (8)

B2: SYNCOPATED CROSS STEPS WITH HOLDS, 1/2 TURN LEFT, POINT

1,2 Step R across L (1), Hold (2)
 &3,4 Step ball of L side left (small step) (&), Step R across L (3), Hold (4)
 &5,6 Step ball of L side left (small step) (&), Step R across L (5), Turn 1/4 left (9:00) stepping left forward (6)
 7,8 Turn 1/4 left (6:00) stepping R side right (7), Tap L toe side left and slightly forward (8)

Styling for counts 1-5: Rotate hips/pelvis in a controlled samba-like motion.

B3: WEAVE LEFT, CHASSE LEFT, 1/2 TURN RIGHT

1,2 Step L in place (1), Step R behind L (2)
 3,4 Step L side left (3), Step R across L (4)
 5&6 Step L side left (5), Step R beside L (&), Step L side left (6)
 7,8 Turn 1/2 right (12:00) stepping R forward (7), Step L side left (shoulder-width apart from R) (8)

B4: WEAVE LEFT, REVERSE 1/2 PIVOT RIGHT, BIG STEP FORWARD, TAP

1,2 Step R behind L (1), Step L side left (2)
 3,4 Step R across L (3), Step L side left (4)
 5,6 Touch R toe back (5), Turn 1/2 right (6:00) taking weight R (6)
 7,8 Step L forward (big step) (7), Tap R beside L (8)

[*MODIFIED ENDING FOR PART B]

This ending replaces the 4th set of 8 described above and is only done when the lyrics are "will.i.am and Britney, b*tch!"

&1&2 Bend knees lifting heels (&), Lower heels (1), Bend knees lifting heels (&), Lower Heels (2)
 &3&4 Raise shoulders slightly (&), Lower shoulders (3), Raise shoulders again (&), Lower shoulders (4)
 5&6 Turn head to look right (5), Turn head to look forward (6)
 7,8 [Ruben's ending]: Place R hand behind head & L hand on L hip: Bump hips R (7), Bump hips L taking weight L (8)
 7,8 [John's ending]: Swing R arm overhead in clockwise semicircle snapping R fingers to finish (weight ends L) (7-8)

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