

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Pat Esper (USA) - February 2013
音樂: Red - Ash Bowers



Dance Map: 32-32-16-32-32-32-24-32-32...

Kick and point, Kick and point, Paddle half turn, Sailor step

- 1&2 . Kick the left foot forward, Step in place on the left foot, Touch the right toes to the side.
- 3&4 . Kick the right foot forward, Step in place on the right foot, Touch the left toes to the side.
- &5&6 . Lift the left knee up as you turn a quarter turn right, Touch the left toes to the side, Lift the left knee up as you turn a quarter turn right, Touch the left toes to the side.
- 7&8 . Step the left foot behind the right, Step the right foot to the side, Step the left foot next to the right (Slightly forward).

Wizard step, Wizard step, Rock, Recover, Coaster step

- 9-10& . Step forward at an angle on the right foot (2:30), Step the left foot behind the right (lock), Step the right foot slightly to the side.
- 11-12& . Step forward at an angle on the left foot (10:30), Step the right foot behind the left (lock), Step the left foot slightly to the side.
- 13 . Rock forward on the right foot.
- 14 . Recover on the left foot.
- 15&16 . Step back on the right foot, Step the left foot next to the right, Step forward on the right foot.

Step, Touch, Turn step, Touch, Step, Touch, Back, Stomp

- 17 . Step forward on the left foot.
- 18 . Touch the right foot next. (Option: stomp next to)
- 19 . Turn a quarter turn to the right stepping the right foot to the side.
- 20 . Touch the left foot next to the right. (Option: stomp next to)
- 21 . Step forward on the left foot.
- 22 . Touch the right foot next to the left. (Option: stomp next to)
- 23 . Step back on the right foot.
- 24 . Stomp the left foot next to the right. (Don't change weight)

Shuffle back, Rock back, Recover, Shuffle forward, Step, Half turn

- 25&26 . Step back on the left foot, Step the right foot next to the left, Step back on the left foot.
- 27 . Rock back on the right foot.
- 28 . Recover onto the left foot.
- 29&30 . Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.
- 31 . Step forward on the left foot.
- 32 . Turn a half turn to the right taking the weight onto the right foot.

The first Restart happens when starting the 3rd wall. Do 16 counts and Restart.

The second Restart happens after starting the fourth wall after the first Restart. Do 24 counts of the dance and Restart.

Refer to the dance map.

Contact: ptesper@gmail.com

On Facebook at The Redneck Revolution (of music and dance with Pat Esper)

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