

# Banana Coco

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Karen Tripp (CAN) - February 2013  
音樂: Banana Coco (Video Version) - Liza Da Costa : (Album: Maybe)



Wait 8 beats, Start on lyrics

## [1-8] HEEL-STEP-CROSS, SIDE-TAP-TAP (ALL 2X, RIGHT THEN LEFT)

- 1&2      Put right heel diagonally out in front (no wt) (1), return right foot and step (wt) (&), cross left over right (2)  
3&4      Big step side right (3), tap ball of left twice next to right (&4)  
5-8      Repeat steps 1-4 with opposite footwork

## [9-16] SYNCOPATED OUT-OUT-IN-IN 2X, PRISSY WALK 2, PADDLE TURN ¼ LEFT WITH HIP ROLL

- &9&10      Step right to diagonal right, step left apart from right, step right back (home position), close left to right  
&11&12      Step right to diagonal right, step left apart from right, step right back (home position), close left to right  
13-14      Walk forward stepping right directly in front of left, then left in front of right  
15-16      Step forward on right, turn ¼ left and step left (styling: right hip roll as you turn left)

## [17-24] ROCK FORWARD, RECOVER, BACK CHA CHA, ROCK BACK, RECOVER, FORWARD CHA CHA

- 17-18      Rock forward on right, recover back on left  
19&20      Cha cha back right, left, right  
21-22      Rock back on left, recover forward on right  
23&24      Cha cha forward left, right, left

## [25-32] ROCK SIDE, RECOVER, CROSS CHA CHA, ROCK SIDE, RECOVER, CROSS CHA CHA

- 25-26      Rock side to the right, recover on left  
27&28      Cross right over left, step left, cross right  
29-30      Rock side to the left, recover on the right  
31&32      Cross left over right, step right, cross left

**TAG 1 - At the end of wall 4 after doing the routine one time through to each wall, facing 12:00**

## [1-8] ONE SLOW OUT-OUT-IN-IN, 2 SYNCOPATED OUT-OUT-IN-INS

- 1-4      Step right to diagonal right, step left apart from right, step right back (home position), close left to right  
&5&6      Step right to diagonal right, step left apart from right, step right back (home position), close left to right  
&7&8      Repeat above steps &5&6

**Easier option: Do 4 slow Side Touches and shimmy shoulders**

**TAG 2 - On wall 6 (starting at 9:00) dance 16 counts, ending facing 6:00. Add this tag, then Restart.**

## [1-4] CROSS AND UNWIND LEFT ¾

- 1-4      Cross right over left, slowly unwind ¾ over 3 beats to end facing 9:00 (and restart)

**Ending: Music fades when facing 12:00 on counts 13 and 14 (Prissy Walks).**

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