

Better Believe

COPPERKNOB
BY STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Scott Blevins (USA) - January 2013
音樂: You Don't Have to Believe Me - Eric Hutchinson



24 count intro to start with the lyrics

- 1-8
1-2 1) Walk forward R, L
3&4 3) Step forward R; &) Turn ½ left taking weight on L [6:00]; 4) Turn ¼ left stepping side R [3:00]
5-6 5) Step L behind R; 6) Turn ¼ right stepping forward R [6:00]
7&8 7) Step forward on L; &) Turn ½ right taking weight on R [12:00]; 8) Turn ½ right stepping side L [6:00]
- 9-16
&1&2 Bend knees slightly... &) Lift R hip slightly; 1) Bump L hip down to left; &) Lift L hip slightly; 2) Bump R hip down to right
&3&4 &) Shift weight to L; 3) Starting ½ turn right step R behind (slightly next to) L [9:00]; &) Continue ½ turn right stepping in place L [11:00]; 4) Finish ½ turn right stepping R across L [12:00] (1/2 turning sailor with cross step)
5-6 5) "Unwind" 1 1/4 turn left on ball of L (Optional: ¼ pivot left) [9:00]; 6) Step side R
7&8 7) Step L behind R; &) Turn ¼ right stepping forward R [12:00]; 8) Step forward L
- 17-24
&1-2 &) Tap R slightly forward; 1) Rock forward on R; 2) Recover weight back on L
3&4 3) Turn ¼ right stepping side R [3:00]; &) Step together L; 4) Turn ¼ right stepping forward R [6:00]
5&6 5) Step forward L; &) Turn ½ right taking weight on R [12:00]; 6) Step L across R
7-8 7) Lunge/Press into ball of R to side R; 8) Recover weight to L
- 25-32
1&2 1) Step R behind L; &) Turn ¼ left stepping forward L [9:00]; 2) Step forward R
3-4 3) Step forward L; 4) Turn ½ right taking weight on R [3:00]
5&6 5&6) Triple forward L-R-L
a-7-8 a) Step forward R; 7) Full spiral turn left (L foot "hooks" across R ankle/calf) [3:00]; 8) Step forward L

**Note: Restart on Wall 2 - After count 16 restart from the top of the dance.
You will be facing the original 3 O'clock wall.**

Begin Again and Enjoy!

Step Sheet Prepared by Debi Pancoast (www.FootNotesByDeb.com)
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