

Broken Hearted MaMa

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver / Intermediate
編舞者: Tony Myers (UK) - February 2013
音樂: Mama's Broken Heart - Miranda Lambert



16 Count intro

Side, Scuff : Turn, Touch : & Cross, Side : Sailor ¼ Turn

1 2 Step right to side (1) Scuff left next to right (2)
3 4 Turn ¼ left forward on left (3) Touch right next to left (4) (9:00)
&56 Step slightly back on right (&) Cross left over right (5) Step right to right side (6)
7&8 Step left behind right (7) Turn ¼ left stepping back on right (&) Step left to left side (8) (6:00)

Cross, Side : Rock Back & Heel : & Rock Recover : ¾ Run

1 2 Cross right over left (1) Step left to left side (2)
3&4 Rock right behind left (3) Recover weight on left (&) Dig right heel forward to right diagonal (4)
&56 Step right next to left (&) Rock forward on left (5) Recover weight on right (6)
7&8 Turning ¾ left run Left (7) Right (&) Left (8) (9:00)

Step, Lock, Step : Step, Lock, Step : Mambo Turn : Rock Recover

1&2 Step right forward to right diagonal (1) Lock left behind right (&) Step forward on right (2)
3&4 Step left forward to left diagonal (3) Lock right behind left (&) Step forward on left (4)
5&6 Straighten to side wall (9:00) & rock forward on right (5) Recover weight on left (&) Turn ½ right stepping forward on right (6) (3:00)
7 8 Rock forward on left (7) Recover weight on right (8)

Coaster Step : Rock & Turn : Kick. Ball, Cross : Side Chasse

1&2 Step back on left (1) Step right with left (&) Step forward on left (2)
3&4 Rock right over left (3) Recover weight on left (&) Turn ¼ right stepping right forward (4) (6:00)
5&6 Kick left forward (5) Step down on left (7) Cross right over left (6)
7&8 Step left to side (7) Step right with left (&) Step left to side (8)

(ON WALL 1 ONLY. STAMP LEFT FORWARD ON COUNT 7 & HOLD FOR COUNT 8)

TAG. At the end of Walls 3 & 6 add the following counts

Rock & Side : Rock & Side : Shuffle Turn : Step Turn Step : Box Step

1&2 Rock right over left (1) Recover weight on left (&) Step right to side(2)
3&4 Rock left over right (3) Recover weight on right (&) Step left to side(4)
5&6 Turn ¼ right on right (5) Step left with right (&) Turn ¼ right step forward on right (6)
7&8 Step forward on left (7 Pivot ½ turn right (&) Step forward on left (8)
1 2 Cross right over left(1) Step back on left (2)
3 4 Step right to side (3) Step left forward (4)

On wall 7 the music stops after 16 counts (9:00) during this pause do the following:-

1 2 Turn ¼ right forward on right (1) Point left to side (2)
3 4 Step forward on left (3) Point right to side (4)
5 6 Turn ¼ right forward on right (5) Point left to side (6)
7 8 Turn ¼ right forward on left (7) Point right to side (8)

You will be facing 6:00 start again from beginning on the word 'Going'

Wall 8 (last wall) Dance the Tag twice

