

Spend My Nights

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Katja Østerby (DK) - January 2013
音樂: Sleep - Allen Stone



Intro: 16 counts (start on lyrics)

Charleston, coaster step, kick ball step, walk x2

1-2 sweep right foot around to touch forward(1), Sweep right foot around stepping back onto right(2)
3&4 step back on left(1), step right next to left(&), step left forward(4)
5&6 kick right foot forward(5), step right next to left(&), step forward on left(6)
7-8 walk forward right(7) left(8)

Scissor step x2, ¼ turn, ½ turn, forward lock

1&2 step right to right side(1), close left beside right(&), cross step right over left(2)
3&4 step left to left side (3), close right beside left(&), cross step left over right(4) (*R)
5-6 make ¼ turn over left shoulder stepping back on right(5), make ½ turn over left shoulder stepping forward on left(6)
7&8 step forward right(7), lock left behind right(&), step forward right(8)

Rock forward, back lock, back rock, kick ball change

1-2 rock forward on left(1), recover onto right(2)
3&4 step back on left(3), lock right across left(&), step back on left(4)
5-6 rock back on right(5), recover onto left(6)
7&8 kick right forward(7), step down on ball of right(&), step left beside right(8)

Side rock, cross point x2, rolling vine, step forward

&1 rock right to right side(&), recover onto left(1)
2-3 cross right across left(2), point left to left side(3)
&4 cross left across right(&), point right to right side(4)
5-6-7-8 make ¼ turn stepping right forward(5), make ½ turn stepping back on left(6), make ¼ turn stepping right to right side(7), step forward on left(8)

***Restart walls 3 & 7: dance up to and including 12 counts and start from the beginning.**

Ending: dance wall 9 up to and including count 8 then do the ending:

¼ turn chassé, sailor ¼ turn, step forward

1&2 make ¼ turn over left shoulder stepping right to right side(1), step left beside right(&), step right to right side(2)
3&4 cross left behind right turning ¼ turn left(3), step right to right Side(&), Step left to left Side(4)
5 step right foot forward(5)

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