Love Lifted Me

拍數: 48

級數: High Beginner - waltz

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音樂: Love Lifted Me - Scooter Lee: (CD: Welcome to Scooterville)

[1-6] LEFT TWINKLE, RIGHT TWINKLE

1-3 Step L across R, Step R to right, Step L in place

4-6 Step R across L, Step L to left, Step R in place

[7-12] CROSS, POINT, HOLD, BACK, POINT, HOLD

Step L across R, Point R toe to right side (slightly forward), Hold 1-3

Arm styling: Lift R arm up to right front diagonal as you point.

4-6 Step R behind L, Point L toe to left side (slightly back), Hold Arm styling: Arm comes down.

[13-24] REPEAT TWINKLES, CROSS, POINT, HOLD, BACK, POINT, HOLD

1-12 Repeat above 12 counts.

[25-36] FORWARD 1/2 TURN LEFT, BACK BALANCE, REPEAT

- Step L forward turning 1/4 left, Step R to right turning 1/4 left, Step L back 1-3
- 4-6 Step R back, Step L beside R, Step R in place
- 1-3 Step L forward turning 1/4 left, Step R to right turning 1/4 left, Step L back
- 4-6 Step R back, Step L beside R, Step R in place (slightly to right side)

[37-42] CROSS ROCK, RECOVER, SIDE, CROSS, SIDE, BEHIND

- 1-3 Rock L across R, Recover back to R, Step L to left
- 4-6 Step R across L, Step L to left, Step R behind L

[43-48] SIDE, DRAG, TOUCH, 3 STEP TURN RIGHT

- 1-3 Large step L to left, Drag R toe in to L, Touch R beside L
- 4-6 Traveling to the right, do a full 360 degree turn right as you step R, L, R.

2 Easier Options for counts 4-6: Omit the full turn by either walking R, L, R toward right side (adjusting to the front wall as you do the twinkle to start again)

or doing a vine right stepping side, behind, side.

Start again from the beginning.

Ending: Following the last 3 step turn at the end of the song, step L across R and hold with arms out. Smile!!

CD available from: www.scooterlee.com





牆數:1