

Ho Hey

拍數: 56 牆數: 4 級數: Phrased Beginner
編舞者: Shirley Selvasingam (MY) - February 2013
音樂: Ho Hey - The Lumineers



(3 + 32) count intro - Sequence : A, A, A, B, A, A, A, B, B, B, Tag, B, A

Note : Clap hands at every 7th beat in Part A

Shout Ho... Hey... Ho... Hey... at every 7th beat in the last 32 counts of the dance (Part A)

Part A - 32 counts

- 1-4 Step R front, step L, step R to right, step L
5-8 Step R behind, step L, stomp R next to L, hold
- 1-4 Cross L over R, step R, ¼ turn left and step L, scuff R
5-8 Step R forward, step L, stomp R next to L, hold
- 1-4 Rocking chair Lforward-R-L-R
5-8 ¼ turn right and step L, step R, stomp L next to R, hold
- 1-4 Step R to right, cross L behind R, step R with a ¼ turn right, scuff L
5-8 Step L forward, step R, stomp L next to R, hold

Part B - 24 counts

- 1-4 Step R to right, step L next to R, step R to right , touch L next to R with ¼ turn right
5-8 Step L to left, step R next to L, step L to left, touch R next to L
- 1-4 Step R to right, step L next to R, Cross R over L, hold
5-8 Step L to left, step R next to L, Cross L over R, hold
- 1-4 Bump hips right, hold, bump hips left, hold
5-8 Bump hips right, left, right, left

Tag

- 1-4 Bump hips right, hold, bump hips left, hold
5-8 Bump hips right, left, right, left

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