

Mama Told Me - Cha Cha Cha

COPPERKNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Beginner - Cha Cha Cha
編舞者: Beate Keller (DE) - February 2013
音樂: Mama Told Me Not to Come - Tom Jones & Stereophonics



Start: 8 counts from begin the heavy beat on the word "whiskey", (when he sings: want some whiskey)

(1-9) BIG STEP SIDE LEFT, DRAG TO L, LOCK STEP FWD, ROCK FWD, RECOVER, CHASSE RIGHT

1 LF big step side left
2, 3 RF drag to LF (weight on RF)
4 LF step fwd
& RF lock step
5 LF step fwd
6 RF rock fwd
7 LF recover
8 RF step side right
& LF step next to
1 RF step side right

(10-17) FULL SPOT TURN RIGHT, CHASSE LEFT, FULL SPOT TURN LEFT, CHASSE RIGHT

2 LF ¼ turn right and step fwd, ½ turn right
3 RF recover and ¼ turn turn right
4 LF step side left
& RF step next to LF
5 LF step side left
6 RF ¼ turn left and step fwd, ½ turn left
7 LF recover and ¼ turn left
8 RF step side right
& LF step next to RF
1 RF step side right

(18-25) CROSS STEP, STEP BACK, LOCK STEP BACK, ROCK BACK, RECOVER, KICK, BESIDE, STEP TURN ¼ RIGHT

2 LF cross step over RF
3 RF step back
4 LF step back
& RF lock step to LF
5 LF step back
6 RF rock back
7 LF recover
8 RF kick fwd
& RF step beside LF
1 LF step fwd, ¼ turn right (3:00)

(26-32) RECOVER, CROSS STEP, STEP SIDE-BEHIND-SIDE, CROSS STEP, SIDE STEP, CROSS-ROCK-BEHIND, RECOVER

2 RF recover
3 LF cross over RF
4 RF step side right
& LF cross behind RF
5 RF step side right
6 LF cross over RF

7 RF step side right
8 LF cross rock behind RF
& RF recover

Start again

Ending:

1-2-3 LF step fwd, ½ turn right(1) - RF recover(2) - LF cross over RF(3)
4&5 RF step side right(4) - LF cross behind RF(&) - RF step side right(5)
6-7-8 & LF cross over RF(6) – RF step side right(7) – LF cross rock behind RF(8) RF recover(&)...
(front)

contact -Email- beate.keller1@gmx.de
