

Eso Eso

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Sadiah Heggernes (NOR/UK) - February 2013
音樂: Eso Eso - Natalia Oreiro : (iTunes)



32 Count Intro – start on instrumental

Section 1: Touch, ¼ Turn L, Flick, R Lockstep Forward, Touch, Flick, ¼ Turn R, L Lockstep Forward

1-2 Touch R forward. ¼ turn L on ball of L. Flick R back 9.00
3&4 Step forward on R. Lock L behind R. Step forward on R
5-6 Touch L forward. ¼ turn R on ball of R. Flick L back 12.00
7&8 Step forward on L. Lock R behind L. Step forward on L

Section 2: Kick Ball Cross, R Chasse, Step, ½ Pivot R, Point, Cross

1&2 Kick R diagonally forward R. Step down on R. Cross L over R
3&4 Step R to R side. Step L beside R. Step R to R side
5-6 Step forward on L. ½ pivot R
7-8 Point L to L side. Cross L over R 6.00

Section 3: Step Back, Side, Cross Shuffle, Side Rock, Sailor ¼ Turn L

1-2 Step back on R. Step L to L side
3&4 Cross R over L. Step L to L side. Cross R over L
5-6 Rock L to L side. Recover onto R
7&8 ¼ turn left. Cross L behind R. Step R beside L. Step forward on L 3.00

Section 4: R Side Mambo, L Side Mambo, ¾ Turn R

1&2 Rock R to R side. Recover onto L. Step R beside L
3&4 Rock L to L side. Recover onto R. Step L beside R
5-6 Rock forward on R. Recover onto L
7-8 ½ turn R. Step forward on R. ¼ turn R. Step L to L side 12.00

Restart here during wall 1

Section 5: Cross Rock, Kick Ball Cross, Side, Slide, Chasse L

1-2 Cross rock R behind L. Recover onto L
3&4 Kick R diagonally forward R. Step down non R. Cross L over R
5-6 Long step on R to R side. Slide L beside R (keep weight on R)
7&8 Step L to L side. Step R beside L. Step L to L side

Section 6: Step, ½ Pivot L, Step ½ Turn R, Step Back, Point, Cross Shuffle

1-2 Step forward on R. ½ turn L, 6.00
3-4 Step forward on R. ½ turn R. Step back on L 12.00
5-6 Step back on R. Point L to L side
7&8 Cross L over R. Step R to R side. Cross L over R

Tag here during: -

wall 2 (facing 12.00)

wall 4 (facing 6.00)

wall 6 (facing 12.00)

Section 7: Side Rock, Sailor Step, Touch, Unwind ½ Turn L, Kick Ball Step

1-2 Rock R to R side. Recover onto L
3&4 Cross R behind L. Step L to L side. Step R to R side
5-6 Touch L behind R. Unwind ½ turn L (weight on L) 6.00
7&8 Kick R forward. Step down on R. Step L forward

Section 8: Cross Samba x 2, Full Turn R

- 1&2 Cross R over L. Rock L to L side. Recover onto R (travelling forwards)
3&4 Cross L over R. Rock R to R side. Recover onto L (travelling forwards)
5-6 Step forward on R. ½ turn R. Step back on L
7-8 ½ turn R. Step forward on R. Step forward on L

Tag: Hip Bumps

- 1-4 Step back on R. Bump hips R-L-R-L then restart dance from beginning

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