

# A Slow Parade

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Wendy Mager (USA) - January 2013  
音樂: Two Black Cadillacs - Carrie Underwood : (CD: Blown Away)



## 16 count intro

### HEEL, TOE, SHUFFLE, ROCK-REC, 1/4 TURN W/ SIDE SHUFFLE

1-2            Touch R heel fwd, touch R toe back  
3&4           Step R fwd, step L together, step R fwd  
5-6           Rock fwd on L, recover to R  
7&8           Make a 1/4 turn L with a step L to L side, step R together, step L to L side

### WEAVE, CROSS ROCK-REC, 1/4 TURN W/ FWD SHUFFLE

1-4            Step R over L, step L to L side, step R behind L, step L to L side  
5-6           Cross rock R over L, recover to L  
7&8           Make a 1/4 turn R with a step R fwd, step L together, step R fwd

### HEEL, TOE, SHUFFLE, ROCK-REC, 1/4 TURN W/ SIDE SHUFFLE

1-2            Touch L heel fwd, touch L toe back  
3&4           Step L fwd, step R together, step L fwd  
5-6           Rock fwd on R, recover to L  
7&8           Make a 1/4 turn R with a step R to R side, step L together, step R to R side

### WEAVE, CROSS ROCK-REC, 1/4 TURN W/ FWD SHUFFLE

1-4            Step L over R, step R to R side, step L behind R, step R to R side  
5-6           Cross rock L over R, recover to R  
7&8           Make a 1/4 turn L with a step L fwd, step R together, step L fwd

### ROCK FWD/ BACK, CROSS ROCK- REC, SIDE SHUFFLE

1-2            Rock fwd on R, recover to L  
3-4            Rock back on R, recover to L  
5-6           Cross rock R over L, recover to L  
7&8           Step R to R side, step L together, step R to R side

### ROCK FWD/ BACK, CROSS ROCK-REC, 1/4 TURN SAILOR STEP

1-2            Rock fwd on L, recover to R  
3-4            Rock back on L, recover to R  
5-6           Cross rock L over R, recover to R  
7&8           Make a 1/4 turn L crossing L behind R, step R together, step L together

### KICK-BALL-CHANGE, JAZZ BOX W/ 1/4 TURN, STEP 1/2 TURN

1&2           Kick R fwd, step ball of R next to L, step L next to R  
3-4           Cross R over L, turn 1/4 turn R and step back on L  
5-6           Step R to R side, step L next to R  
7-8           Step R fwd, pivot 1/2 turn L ( wgt on L)

### STEP-LOCK, SHUFFLE, STEP-LOCK, SHUFFLE

1-2            Step R fwd, lock L behind R  
3&4           Step R fwd, step L together, step R fwd  
5- 6           Step L fwd, lock R behind L  
7&8           Step L fwd, step R together, step L fwd

**Start again**

**Restart: On wall 3 (12:00), do the first 16 counts of the dance but make counts 15&16 walk fwd R,L instead of the shuffle then Restart**

**On wall 6 (12:00) Drop the last 8 counts and Restart after the step fwd, 1/2 turn (you only do 56 counts) Restart on (6:00) back wall.**

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